



**MORE THAN
PERFORMANCE**

PRIMIZ®

**NANTONG REDCORE SPORT
TECHNOLOGY CO.,LTD.**

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2.0

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PRIMIZ®

**MORE THAN
PERFORMANCE**

PRIMIZ®

WELCOME TO PRODUCT CATALOG FOR PRIMIZ®

FUNCTIONAL TRAINING MACHINE

Gym Series

03-12

Stadio Series

13-16

Stainless Steel Series

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Home Series

19-22

Sit Up Bench / Weight Bench

23-27

Storage Rack / Training Container

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FREE WEIGHT

Bumper Plate / Weight Plate / Dumbbells / Kettlebell

37-44

Bar / Cable Attachment / Powerlifting Platform

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RESISTANCE & EXPLOSIVENESS

Aerobic Step / Balance Ball / Medicine Ball / Wall Ball
Training Bag

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TRAINING ACCESSORIES

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Personal Training Pink Series / Peripheral Products

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CUSTOMIZED SOLUTIONS
ARE AVAILABLE

GYM SERIES

GYM SERIES 01



PRIMIZ[®]
MORE THAN PERFORMANCE

PRIMIZ[®]



PRIMIZ POWER RACK ALKAID 5

Features

- Laser cut holes (50mm distance) and numbering system
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- Include 150kg x 2 weight stack cable system
- 2 sets safety spotter arms
- 1 pair of J-Cups
- 6 chromed bumper plate storage posts
- Must be bolted to the floor

Rack dimension

- Height: 2570mm
- Width: 2810mm
- Length: 1795mm

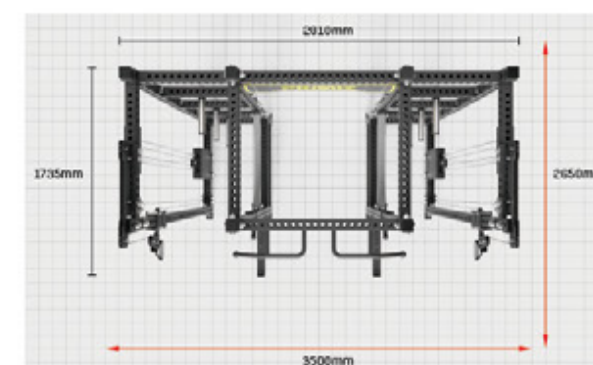
Training area

- Width: 3500mm
- Length: 2650mm

PZ 10408

ITEM CODE PZ 10408

ITEM DESCRIPTION PRIMIZ POWER RACK ALKAID 5





PRIMIZ POWER RACK ALKAID 1 (HALF RACK)

Features

- Laser cut holes (50mm distance) and numbering system
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- 1 set safety spotter arms
- 1 pair of J-Cups
- 8 chromed bumper plate storage posts
- Must be bolted to the floor

Rack dimension

- Height: 2510mm
- Width: 1826mm
- Length: 1375mm

Training area

- Width: 2450mm
- Length: 2200mm

PZ 10408



PRIMIZ POWER RACK ALKAID 2 (SINGLE RACK)

Features

- Laser cut holes (50mm distance) and numbering system
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- 2 sets safety spotter arms
- 1 pair of J-Cups
- 1 pair of safety straps
- 8 chromed bumper plate storage posts
- Must be bolted to the floor

Rack dimension

- Height: 2510mm
- Width: 1826mm
- Length: 1740mm

Training area

- Width: 2450mm
- Length: 2600mm

PZ 10410



PRIMIZ POWER RACK ALKAID 3 (FULL RACK)

Features

- Laser cut holes (50mm distance) and numbering system
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- 2 sets safety spotter arms
- 1 pair of J-Cups
- 1 pair of safety straps
- 8 chromed bumper plate storage posts
- Must be bolted to the floor

Rack dimension

- Height: 2510mm
- Width: 1826mm
- Length: 2348mm

Training area

- Width: 2450mm
- Length: 3150mm

PZ 10411



PRIMIZ POWER RACK ALKAID 4 (FULL RACK)

Features

- Laser cut holes (50mm distance) and numbering system
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- 2 sets safety spotter arms
- 1 pair of J-Cups
- 1 pair of safety straps
- 8 chromed bumper plate storage posts
- Must be bolted to the floor

Rack dimension

- Height: 2510mm
- Width: 2178mm
- Length: 2348mm

Training area

- Width: 2800mm
- Length: 3150mm

PZ 10412

PRIMIZ POWER RACK ALKAID 8 (FULL RACK HUB WITH MEGA BRIDGE)

PZ 10406



Features

- Laser cut holes (50mm distance) and numbering system
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- 4 sets safety spotter arms
- 16 chromed bumper plate storage posts
- 4 pair of J-Cups
- Must be bolted to the floor
- 2 pair of adjustable power arms
- 4 pcs Triphasic Bars

Rack dimension

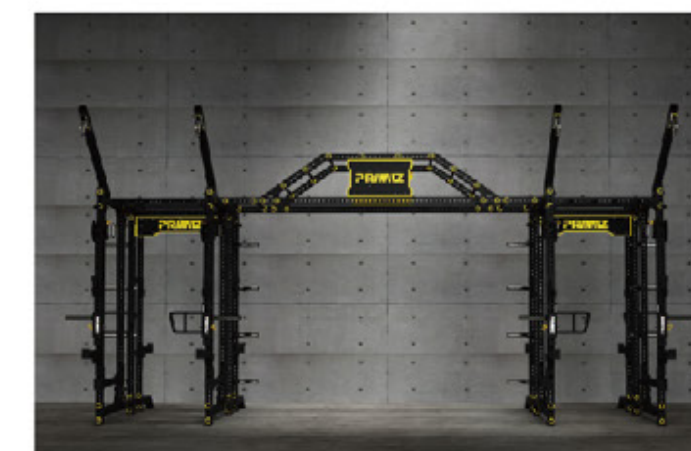
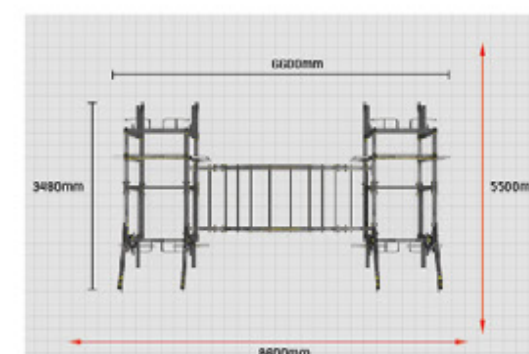
- Height: 3300mm
- Width: 3480mm
- Length: 6600mm

Training area

- Width: 5500mm
- Length: 8600mm

ITEM CODE PZ 10406

ITEM DESCRIPTION PRIMIZ POWER RACK ALKAID 8 (FULL RACK HUB WITH MEGA BRIDGE)



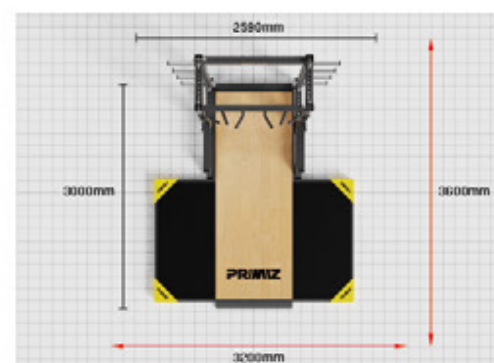
PRIMIZ POWER RACK ALKAID 6



ITEM CODE PZ 10407

ITEM DESCRIPTION PRIMIZ POWER RACK ALKAID 6

PZ 10407



Features

- Laser cut holes (50mm distance) and numbering system
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- Include 1 set weightlifting platform
- 1 set safety spotter arms
- 8 chromed bumper plate storage posts

Rack dimension

- Height: 2500mm
- Width: 2590mm
- Length: 3000mm

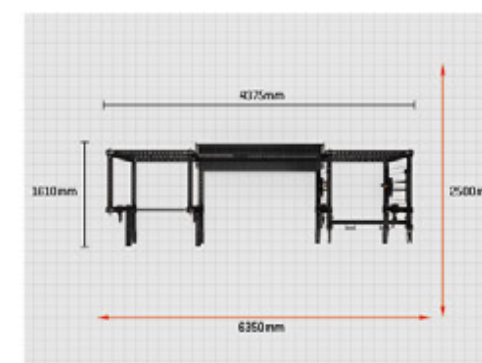
Training area

- Width: 3200mm
- Length: 3600mm

Platform dimension

- Width: 2590mm
- Length: 2730mm

PRIMIZ POWER RACK HUB ALKAID 9



Features

- Laser cut holes (50mm distance) and numbering system
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- 1 set safety spotter arms
- 1 pair ok J-Cups
- Include 100kg x 2 weight stack cable system
- Length of storage board 200cm
- Must be bolted to the floor

Rack dimension

- Height: 2400mm
- Width: 1610mm
- Length: 4375mm

Training area

- Width: 2500mm
- Length: 6350mm

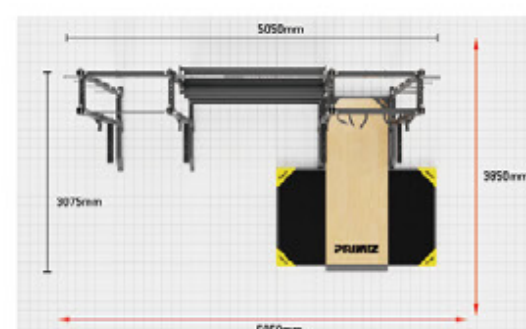
PRIMIZ POWER RACK ALKAID 7



ITEM CODE PZ 10413

ITEM DESCRIPTION PRIMIZ POWER RACK ALKAID 7

PZ 10413



Features

- Laser cut holes (50mm distance) and numbering system
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- Include 1 set weightlifting platform
- 2 sets safety spotter arms
- 8 chromed bumper plate storage posts
- 1 set (4 layers) storage rack (length: 2000mm)

Rack dimension

- Height: 2500mm
- Width: 5050mm
- Length: 3075mm

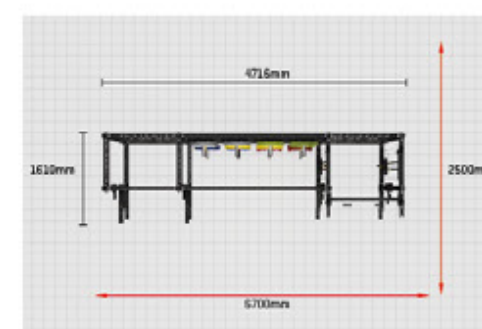
Training area

- Width: 5850mm
- Length: 3850mm

Platform dimension

- Width: 2590mm
- Length: 2730mm

PRIMIZ POWER RACK HUB ALKAID 10



Features

- Laser cut holes (50mm distance) and numbering system
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- 1 set safety spotter arms
- 1 pair ok J-Cups
- Include 100kg x 2 weight stack cable system
- 12 chromed bumper plate storage posts
- Must be bolted to the floor

Rack dimension

- Height: 2400mm
- Width: 1610mm
- Length: 4715mm

Training area

- Width: 2500mm
- Length: 6700mm

PZ 10421



PZ 10422



OPTIONAL CONFIGURATION LIST

THE FOLLOWING ACCESSORIES ARE AVAILABLE FOR:

PZ 10405, PZ 10407, PZ 10407, PZ 10408, PZ 10409, PZ 10410, PZ 10411, PZ 10412, PZ 10413
PZ 10406, PZ 10421, PZ 10422, PZ 10424, PZ 10423

PRIMIZ®



ITEM CODE PZ 10901

ITEM DESCRIPTION BATTLE ROPE ANCHOR



ITEM CODE PZ 10903

ITEM DESCRIPTION LANDMINE TUBE



ITEM CODE PZ 10908

ITEM DESCRIPTION J-CUP



ITEM CODE PZ 10914

ITEM DESCRIPTION SAFETY BEAM



ITEM CODE PZ 10904

ITEM DESCRIPTION SAFETY BELT



ITEM CODE PZ 10920

ITEM DESCRIPTION RACK CABLE WEIGHT STACK



ITEM CODE PZ 10910

ITEM DESCRIPTION OLYMPIC BAR STORAGE



ITEM CODE PZ 10915

ITEM DESCRIPTION SAFETY ARMS



ITEM CODE PZ 10916

ITEM DESCRIPTION BULLDOG PAD



ITEM CODE PZ 10917

ITEM DESCRIPTION MONOLIFT HOOK



ITEM CODE PZ 10918

ITEM DESCRIPTION ADJUSTABLE POWER ARMS

WALL MOUNT RACK [EXTENSIBLE]

PZ 10424

PRIMIZ MULTI-FUNCTIONAL MONKEY RIG

PZ 10423





500 | 1000

ITEM CODE PZ 10925

ITEM DESCRIPTION CLASSIC CROSSMEMBERS



1075 | 1775
1075 | 1775

ITEM CODE PZ 10926

ITEM DESCRIPTION INCLINE CROSSBAR



ITEM CODE PZ 10933

ITEM DESCRIPTION STALL BARS



ITEM CODE PZ 10934

ITEM DESCRIPTION DIP BAR



ITEM CODE PZ 10927

ITEM DESCRIPTION MOUNTED PULL UP BAR



ITEM CODE PZ 10928

ITEM DESCRIPTION RACK SIDE BEAM



ITEM CODE PZ 10935

ITEM DESCRIPTION ROLLER PAD



ITEM CODE PZ 10936

ITEM DESCRIPTION MULTI-USE RACK ROLLER



ITEM CODE PZ 10929

ITEM DESCRIPTION TRIPHASIC BARS



2300 | 2800
3300 | 3800

ITEM CODE

ITEM DESCRIPTION NUMBERED HOLES UPROGHTS



ITEM CODE PZ 10937

ITEM DESCRIPTION DIRTY SOUTH BAR



ITEM CODE PZ 10938

ITEM DESCRIPTION STEPLOCK GRID



ITEM CODE PZ 10931

ITEM DESCRIPTION MEGA BRIDGE



ITEM CODE PZ 10932

ITEM DESCRIPTION SINGLE TARGET



ITEM CODE PZ 10939

ITEM DESCRIPTION MONSTER FLYING PULL-UP BAR



ITEM CODE PZ 10940

ITEM DESCRIPTION SEALSEAT

**FLEXIBLE, DURABLE
AND MORE**

STADIO SERIES

STADIO SERIES 02



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PRIMIZ ELITE POWER RACK HUB

Features

- Laser cut holes (50mm distance) and numbering system
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- Include 150kg x 2 weight stack cable system
- Must be bolted to the floor
- Bumper plates sold separately

Rack dimension

- Height: 2570mm
- Width: 2180mm
- Length: 1764mm

Training area

- Width: 2980mm
- Length: 2650mm

PZ10405

ITEM CODE PZ 10405

ITEM DESCRIPTION PRIMIZ ELITE POWER RACK HUB



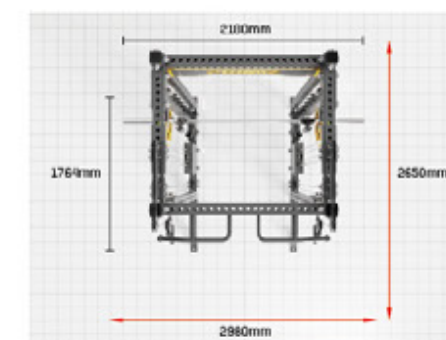
Multi-functional
Handle



Batwing chin bar



Numbering system




PRIMIZ POWER SIMITH RACK W/ LAT PULL SYSTEM

- | | | |
|---|---|-----------------|
| Features <ul style="list-style-type: none"> • Laser cut holes (50mm distance) and numbering system • Main tube size: steel frame 60x60mm (2.35"x2.35") thickness 2mm • Charcoal powder coated finish • 1 set safety spotter arms • 1 pair of J-Cups | Rack dimension <ul style="list-style-type: none"> • Height: 2200mm • Width: 2140mm • Length: 1500mm | PZ 10401 |
|---|---|-----------------|

- Training area**
- Width: 3000mm
 - Length: 2300mm


PRIMIZ POWER SIMITH RACK W/ WEIGHT STACK

- | | | |
|--|---|-----------------|
| Features <ul style="list-style-type: none"> • Laser cut holes (50mm distance) and numbering system • Main tube size: steel frame 60x60mm (2.35"x2.35") thickness 2mm • Charcoal powder coated finish • Include 150kg weight stack cable system • 1 set safety spotter arms • 1 pair of J-Cups | Rack dimension <ul style="list-style-type: none"> • Height: 2200mm • Width: 2140mm • Length: 1550mm | PZ 10402 |
|--|---|-----------------|

- Training area**
- Width: 3000mm
 - Length: 2350mm


PRIMIZ SQUAT RACK ELITE

- | | | |
|---|---|-----------------|
| Features <ul style="list-style-type: none"> • Laser cut holes (50mm distance) • Main tube size: steel frame 75x75mm (3"x3") thickness 3mm • Charcoal powder coated finish • 1 set safety spotter arms • 1 pair of J-Cups • Must be bolted to the floor | Rack dimension <ul style="list-style-type: none"> • Height: 2000mm • Width: 1220mm • Length: 1400mm | PZ 10305 |
|---|---|-----------------|

- Training area**
- Width: 3000mm
 - Length: 2200mm


PRIMIZ SQUAT RACK PRO

- | | | |
|---|---|-----------------|
| Features <ul style="list-style-type: none"> • Laser cut holes (50mm distance) • Main tube size: steel frame 75x75mm (3"x3") thickness 3mm • Charcoal powder coated finish • 8 chromed bumper plate storage posts • 1 set safety spotter arms • 1 pair of J-Cups • Must be bolted to the floor | Rack dimension <ul style="list-style-type: none"> • Height: 2415mm • Width: 1820mm • Length: 1700mm | PZ 10307 |
|---|---|-----------------|

- Training area**
- Width: 3000mm
 - Length: 2500mm


PRIMIZ POWER RACK W/ LAT PULL SYSTEM

- | | | |
|--|---|-----------------|
| Features <ul style="list-style-type: none"> • Laser cut holes (50mm distance) • Main tube size: steel frame 60x60mm (2.35"x2.35") thickness 2mm • Charcoal powder coated finish • 1 set safety spotter arms • 1 pair of J-Cups | Rack dimension <ul style="list-style-type: none"> • Height: 2200mm • Width: 1480mm • Length: 1830mm | PZ 10403 |
|--|---|-----------------|

- Training area**
- Width: 3000mm
 - Length: 2600mm


PRIMIZ POWER RACK W/ WEIGHT STACK

- | | | |
|---|---|-----------------|
| Features <ul style="list-style-type: none"> • Laser cut holes (50mm distance) • Main tube size: steel frame 60x60mm (2.35"x2.35") thickness 2mm • Charcoal powder coated finish • Include 150kg weight stack cable system • 1 set safety spotter arms • 1 pair of J-Cups | Rack dimension <ul style="list-style-type: none"> • Height: 2200mm • Width: 1480mm • Length: 1850mm | PZ 10405 |
|---|---|-----------------|

- Training area**
- Width: 3000mm
 - Length: 2620mm


WALL MOUNT FOLDABLE RACK

- | | | |
|---|---|-----------------|
| Features <ul style="list-style-type: none"> • Laser cut holes (50mm distance) • Main tube size: steel frame 60x60mm (2.35"x2.35") thickness 2mm • Charcoal powder coated finish • 1 set safety spotter arms • 1 pair of J-Cups • Rack foldable to save space | Set up dimension <ul style="list-style-type: none"> • Height: 2300mm • Width: 1420mm • Length: 1030mm | PZ 10105 |
|---|---|-----------------|

- | | |
|---|--|
| Fold dimension <ul style="list-style-type: none"> • Height: 2300mm • Width: 1420mm • Length: 90mm | Training area <ul style="list-style-type: none"> • Width: 2800mm • Length: 1800mm |
|---|--|


WALL MOUNT FOLDABLE RACK ELITE

- | | | |
|---|---|-----------------|
| Features <ul style="list-style-type: none"> • Laser cut holes (50mm distance) • Main tube size: steel frame 60x60mm (2.35"x2.35") thickness 2mm • Charcoal powder coated finish • 6 chromed bumper plate storage posts • 1 set safety spotter arms • 1 pair of J-Cups • Rack foldable to save space | Set up dimension <ul style="list-style-type: none"> • Height: 2300mm • Width: 1420mm • Length: 1030mm | PZ 10103 |
|---|---|-----------------|

- | | |
|--|--|
| Fold dimension <ul style="list-style-type: none"> • Height: 2300mm • Width: 1420mm • Length: 320mm | Training area <ul style="list-style-type: none"> • Width: 2800mm • Length: 1800mm |
|--|--|

STAINLESS STEEL SERIES

STAINLESS STEEL SERIES

03

PRIMIZ®



PRIMIZ POWER SMITH RACK

Features

- Laser cut holes (50mm distance)
- Main tube size: steel frame 70x70mm (2.75"x2.75") thickness 3mm
- Stainless steel upright frame
- Include 100kg weight stack cable system
- 1 set safety spotter arms
- 1 pair of J-Cups

Rack dimension

- Height: 2350mm
- Width: 1450mm
- Length: 1900mm

Training area

- Width: 2500mm
- Length: 2600mm



Monkey chin bar



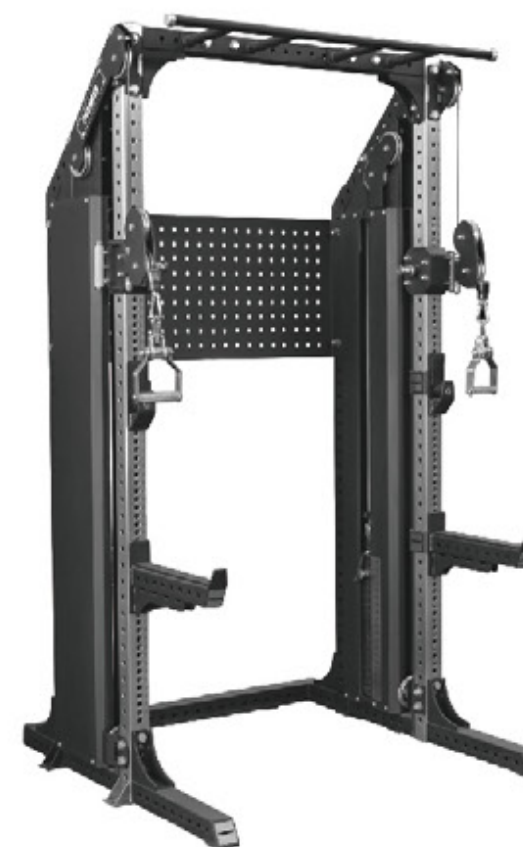
J-Cup



100kg x 2 weight stack



Safety spotter arms



PRIMIZ POWER SQUAT RACK

Features

- Laser cut holes (50mm distance)
- Main tube size: steel frame 70x70mm (2.75"x2.75") thickness 3mm
- Stainless steel upright frame
- Include 100kg weight stack cable system
- 1 set safety spotter arms
- 1 pair of J-Cups

Rack dimension

- Height: 2350mm
- Width: 1305mm
- Length: 1730mm

Training area

- Width: 2500mm
- Length: 2600mm



Multi-functional Handle



Batwing chin bar



Numbering system



2-SIDE PRIMIZ POWER SMITH & SQUAT RACK

Features

- Laser cut holes (50mm distance)
- Main tube size: steel frame 70x70mm (2.75"x2.75") thickness 3mm
- Stainless steel upright frame
- Include 100kg weight stack cable system
- 1 set safety spotter arms
- 1 pair of J-Cups

Rack dimension

- Height: 2450mm
- Width: 2050mm
- Length: 1900mm

Training area

- Width: 2500mm
- Length: 3800mm



Multi-functional Handle



Batwing chin bar



Numbering system



HOME SERIES

HOME SERIES 03



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PRIMIZ SQUAT RACK

PZ 10306

Features

- Laser cut holes (50mm distance)
- Main tube size: steel frame 50x50mm (2"x2") thickness 2mm
- Charcoal powder coated finish
- 2 chromed bumper plate storage posts
- 1 set safety spotter arms
- 1 pair of J-Cups
- Must be bolted to the floor

Rack dimension

- Height: 2015mm
- Width: 1450mm
- Length: 1050mm

Training area

- Width: 3000mm
- Length: 1800mm



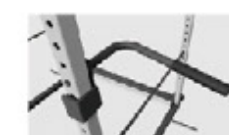
Monkey chin bar



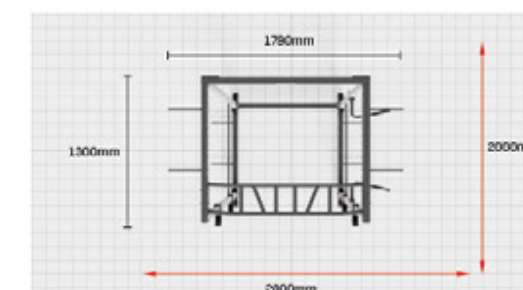
J-Cup



Accessories attachment



Push up bar



PRIMIZ POWER RACK TRENDY

PZ 10414

Features

- Laser cut holes (50mm distance)
- Main tube size: steel frame 50x50mm (2"x2") thickness 2mm
- Charcoal powder coated finish
- 2 pairs of J-Cups
- Additional holes at base and roof for band accessories attachment

Rack dimension

- Height: 2100mm
- Width: 1790mm
- Length: 1300mm

Training area

- Width: 2800mm
- Length: 2000mm

ITEM CODE PZ 10414 ITEM DESCRIPTION PRIMIZ POWER RACK TRENDY



PRIMIZ SIMITH RACK

Features

- Laser cut holes (50mm distance) and numbering system
- Main tube size: steel frame 60x60mm (2.35"x2.35") thickness 2mm
- Charcoal powder coated finish
- 4 chromed bumper plate storage posts

Rack dimension

- Height: 2050mm
- Width: 1300mm
- Length: 1900mm

Training area

- Width: 2200mm
- Length: 2450mm

PZ 10426



PRIMIZ SIMITH RACK W/ LAT PULL SYSTEM

Features

- Laser cut holes (50mm distance) and numbering system
- Main tube size: steel frame dia.60mm (dia.2.35") thickness 2mm
- Charcoal powder coated finish
- 1 set safety spotter arms
- 1 pair of J-Cups
- 4 chromed bumper plate storage posts

Rack dimension

- Height: 2250mm
- Width: 1350mm
- Length: 1900mm

Training area

- Width: 2200mm
- Length: 2450mm

PZ 10427



PRIMIZ SIMITH RACK TRENDY

Features

- Laser cut holes (50mm distance)
- Main tube size: steel frame 50x50mm (2"x2") thickness 2mm
- Charcoal powder coated finish
- 1 set safety spotter arms
- Include weight plate cable system

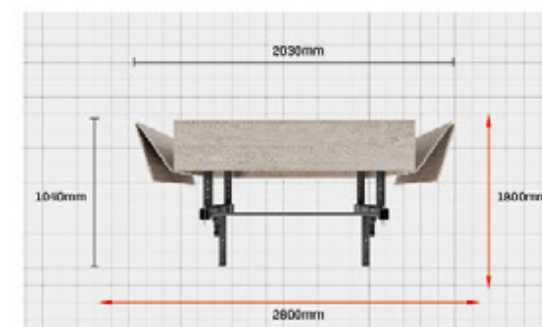
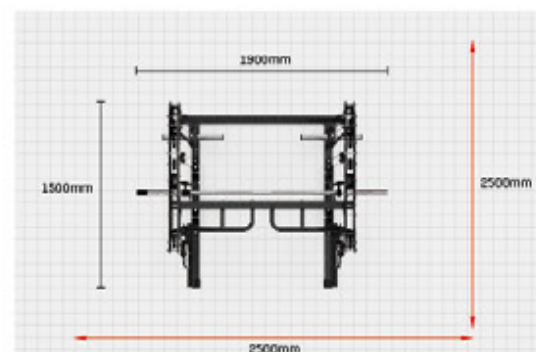
Rack dimension

- Height: 2300mm
- Width: 1500mm
- Length: 1900mm

Training area

- Width: 2500mm
- Length: 2500mm

PZ 10425



WALL MOUNT FOLDABLE RACK ELITE

Features

- Laser cut holes (50mm distance)
- Main tube size: steel frame 60x60mm (2.35"x2.35") thickness 2mm
- Charcoal powder coated finish
- 6 chromed bumper plate storage posts
- 1 set safety spotter arms
- 1 pair of J-Cups
- Rack foldable to save space
- 18mm high quality UDI material for cabinets, integrate with the home environment

Set up dimension

- Height: 2410mm
- Width: 2030mm
- Length: 1040mm

Fold dimension

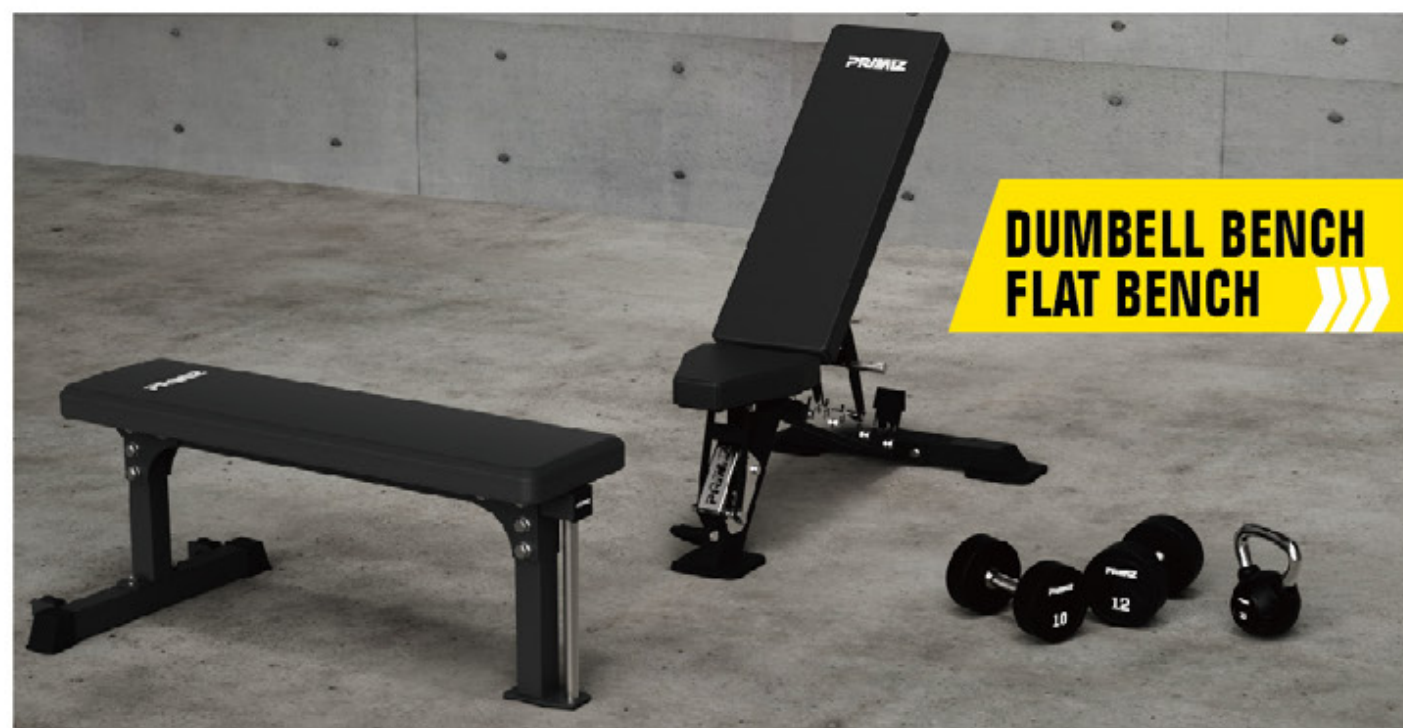
- Height: 2410mm
- Width: 2030mm
- Length: 340mm

PZ 10104

Training area

- Width: 2800mm
- Length: 1800mm





DUMBBELL BENCH FLAT BENCH



FOLDABLE FLAT BENCH

Features

- Main tube size: steel frame 50x70mm (2"x2.75") thickness 2mm
- Charcoal powder coated finish
- High density filled cushion
- Cushion size: 320x1200x60mm
- Foldable design for easy storage

- Set up dimension**
- Height: 400mm
 - Width: 415mm
 - Length: 1200mm

- Fold dimension**
- Height: 200mm
 - Width: 415mm
 - Length: 1200mm

PZ10202



FLAT BENCH

Features

- Main tube size: steel frame 60x60mm (2.5"x2.5") thickness 2mm
- Charcoal powder coated finish
- High density filled cushion
- Cushion size: 320x1200x60mm
- With wheels for easy to move

- Set up dimension**
- Height: 450mm
 - Width: 680mm
 - Length: 1200mm

PZ10201



MULTI-FUNCTION BENCH

Features

- Main tube size: steel frame 60x60mm (2.5"x2.5") thickness 2mm
- Charcoal powder coated finish
- High density filled cushion
- Backrest size: 300x800x60mm
- Seat size: 300x320x60mm
- Backrest adjust range: 0° - 85°
- Seat adjust range: -30° - 30°

- Set up dimension**
- Height: 440-1240mm
 - Width: 680mm
 - Length: 1250mm

PZ10203



MULTI-FUNCTION BENCH

Features

- Main tube size: steel frame 60x60mm (2.5"x2.5") thickness 2mm
- Charcoal powder coated finish
- High density filled cushion
- Backrest size: 300x800x60mm
- Seat size: 300x320x60mm
- Backrest adjust range: 0° - 90°
- Seat adjust range: 0° - 15°

- Set up dimension**
- Height: 445-1220mm
 - Width: 450mm
 - Length: 1185mm

PZ10210



MULTI-FUNCTION BENCH

Features

- Main tube size: steel frame 50x100mm (2"x4") thickness 2mm
- Charcoal powder coated finish
- High density filled cushion
- Backrest size: 290x900x60mm
- Seat size: 290x320x60mm
- Backrest adjust range: -15° - 85°
- Seat adjust range: 0° - 30°

- Set up dimension**
- Height: 440-1330mm
 - Width: 725mm
 - Length: 1275mm

PZ10211





SIT UP BENCH

Features

- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- High density filled cushion
- Backrest size: 300x800x60mm
- Seat size: 300x350x60mm
- Backrest adjust range: 0° - 75°
- Seat adjust range: 0° - 30°

- Set up dimension**
- Height: 410-1000mm
 - Width: 680mm
 - Length: 1205mm

PZ10206



SIT UP BENCH

Features

- Main tube size: steel frame 60x60mm (2.5"x2.5") thickness 2mm
- Charcoal powder coated finish
- High density filled cushion
- Backrest size: 300x800x60mm
- Seat size: 300x320x60mm
- Backrest adjust range: 0° - 82.5°
- Seat adjust range: 0° - 30°

- Set up dimension**
- Height: 430-1230mm
 - Width: 680mm
 - Length: 1250mm

PZ10204



SIT UP BENCH

Features

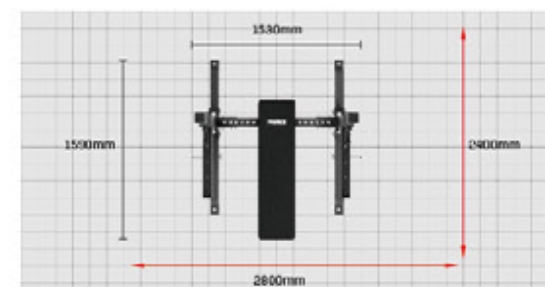
- Main tube size: steel frame 50x70mm (2"x2.75") thickness 2mm
- Charcoal powder coated finish
- High density filled cushion
- Backrest size: 300x800x60mm
- Seat size: 300x320x60mm
- Backrest adjust range: 0° - 75°
- Seat adjust range: 0° - 30°

- Set up dimension**
- Height: 450-1140mm
 - Width: 680mm
 - Length: 1265mm

PZ10205

ITEM CODE PZ10302

ITEM DESCRIPTION PRIMIZ BENCH PRESS



PRIMIZ BENCH PRESS

Features

- Laser cut holes (50mm distance)
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- 1 pair of J-Cups
- 1 set safety spotter arms
- Cushion size: 1200x320x60mm
- Additional holes at base and roof for band accessories attachment

Rack dimension

- Height: 1700mm
- Width: 1530mm
- Length: 1590mm

Training area

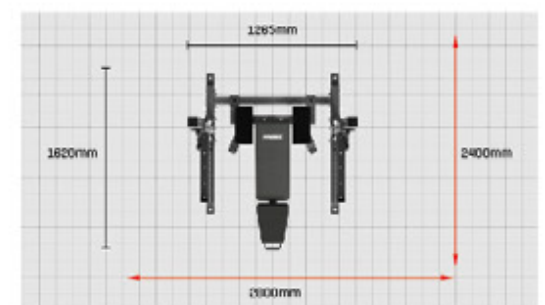
- Width: 2800mm
- Length: 2400mm

PZ10302



ITEM CODE PZ10303

ITEM DESCRIPTION PRIMIZ BENCH PRESS COMBO



PRIMIZ BENCH PRESS COMBO

Features

- Laser cut holes (50mm distance)
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- 1 pair of J-Cups
- 1 set safety spotter arms
- Backrest size: 300x800x60mm
- Seat size: 300x350x60mm
- Can be separate to a sit up bench and a squat rack

Rack dimension

- Height: 2000mm
- Width: 1265mm
- Length: 1620mm

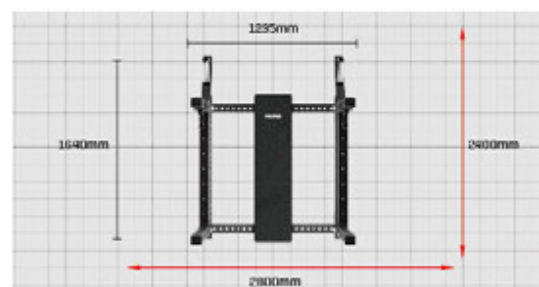
Training area

- Width: 2800mm
- Length: 2400mm

PZ10303

ITEM CODE PZ 10301

ITEM DESCRIPTION PRIMIZ WESTSIDE BENCH



PRIMIZ WESTSIDE BENCH

Features

- Laser cut holes (50mm distance)
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish
- 1 pair of J-Cups
- Cushion size: 1200x320x60mm
- 2 chromed bumper plate storage posts

Rack dimension

- Height: 1360mm
- Width: 1235mm
- Length: 1640mm

Training area

- Width: 2800mm
- Length: 2400mm

PZ 10301

ITEM CODE PZ 10607

ITEM DESCRIPTION OLYMPIC BAR RACK



OLYMPIC BAR RACK

- 5mm steel plate
- Size: 44x44x17cm
- Weight: 21kg

PZ 10608

ITEM CODE PZ 10607

ITEM DESCRIPTION PLATE STORAGE RACK

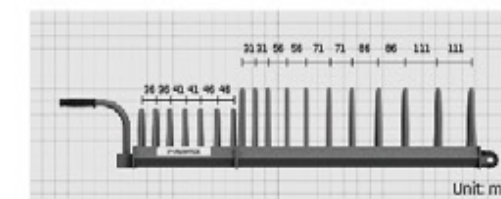


PLATE STORAGE RACK

- Main tube size: 50x50x2mm
- Assemble size: 173x32x32cm
- With wheels for easy to move

PZ 10607

ITEM CODE PZ 10608

ITEM DESCRIPTION BARBELL RACK



BARBELL RACK

- Main tube size: dia.85x3mm, 50x100x3mm
- Assemble size: 82x65x135cm
- Fit for 5pcs barbells

PZ 10608

ITEM CODE PZ 10609

ITEM DESCRIPTION BARBELL RACK



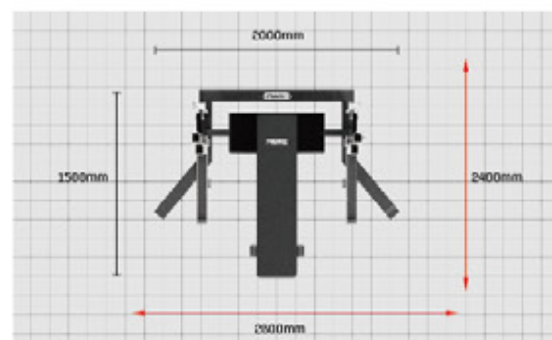
BARBELL RACK

- Main tube size: dia.85x3mm, 50x100x3mm
- Assemble size: 85x77.6x125cm
- Fit for 10pcs barbells

PZ 10609

ITEM CODE PZ 10304

ITEM DESCRIPTION PRIMIZ COMPETITION COMBO RACK



PRIMIZ COMPETITION COMBO RACK

Features

- Laser cut holes (50mm distance)
- Main tube size: steel frame 70x70mm (2.75"x2.75") thickness 3mm / 100x50mm (4"x2") thickness 3mm
- Charcoal powder coated finish / Stainless steel upright support and safety spotter arms
- 1 pair of J-Cups
- Cushion size: 1200x320x60mm
- Can be separate to a sit up bench and a squat rack

Rack dimension

- Height: 750-1700mm
- Width: 2000mm
- Length: 1500mm

Training area

- Width: 2800mm
- Length: 2400mm

PZ 10304

ITEM CODE PZ 10605

ITEM DESCRIPTION 2 LAYERS KETTLEBELL RACK



2 LAYERS KETTLEBELL RACK

- Main tube size: dia.85x3mm
- Length of board: 110cm
- Assemble size: 110x85x83cm

PZ 10605

ITEM CODE PZ 10602

ITEM DESCRIPTION 2 LAYERS KETTLEBELL RACK



2 LAYERS KETTLEBELL RACK

- Main tube size: 60x60x2mm
- Length of board: 120cm
- Assemble size: 138x66x84cm

PZ 10602



2 LAYERS DUMBBELL RACK

- Main tube size: steel frame 85x85mm (3.35"x3.35") thickness 3mm
- Charcoal powder coated finish
- Assemble size: 240x88x77cm

PZ 10603

ITEM CODE PZ 10603

ITEM DESCRIPTION 2 LAYERS DUMBBELL RACK

POWDER
COATING
VERSION



CHROME
VERSION



2 LAYERS DUMBBELL RACK

- 10mm laser cutting steel plate
- Length extensible
- Assemble size: 250x57x77cm

PZ 10618

ITEM CODE PZ 10618

ITEM DESCRIPTION 2 LAYERS DUMBBELL RACK



PLATE RACK

- 10mm laser cutting steel plate
- Assemble size: 56x89.5x128.5cm
- Fit for Olympic size plate

PZ 10618



PLATE AND BAR RACK

- Main tube size: 50x100x2mm
- Assemble size: 88x68.5x131cm
- Fit for Olympic size plate

PZ 10610



DUMBBELL STORAGE TREE

- Thickness of the steel plate: 3mm
- Assemble size: 76.5x66x152cm
- Fit for 10prs dumbbell

PZ 10601



MULTI-FUNCTION STORAGE RACK

- Thickness of the steel plate: 3mm
- Main tube size: 60x60x2mm
- Assemble size: 180x80x155cm

PZ 10502



MULTI-FUNCTION STORAGE BOX

- Assemble size: 131x74x80cm
- With wheels for easy to move
- Suitable for items less than 5kg

PZ 10509



MULTI-FUNCTION STORAGE RACK

- Thickness of the steel plate: 3mm
- Main tube size: 60x60x2mm
- Assemble size: 210x49x180cm
- Rack can be extend to any length
- One set include:

ball rack	x 1set
dumbbell rack	x 1set
kettlebell rack	x 2sets
plate rack	x 1set

PZ 10503



POWER SLED

- Main tube size: 50x70x2mm
- Assemble size: 115x106x60cm
- Explosive power and strength of the movement

PZ 10801



PUMP SET RACK

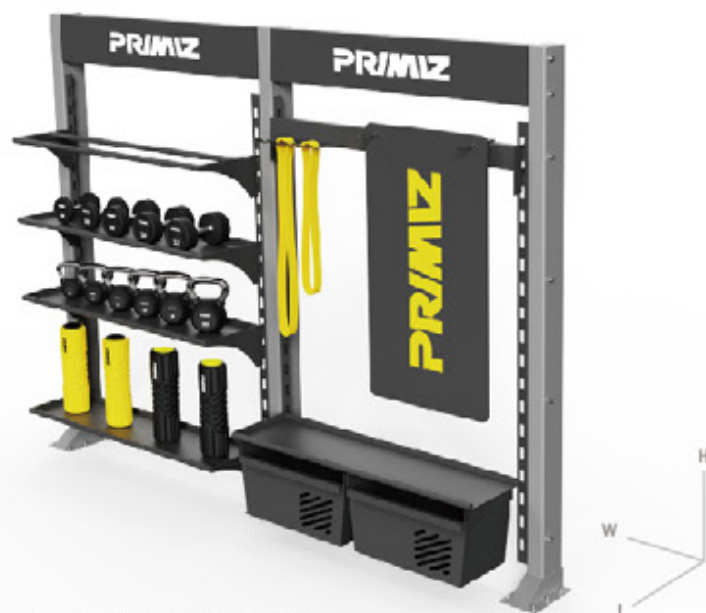
- Main tube size: 60x30x2mm
- Fit for 10sets body pump set

PZ 10804



SINGLE STORAGE RACK

- | | | |
|---|--|-----------------|
| Features | Rack dimension | PZ 10505 |
| <ul style="list-style-type: none"> Main tube size: steel frame 80x160mm (3.15"x6.3") thickness 3mm Charcoal powder coated finish Include: <ul style="list-style-type: none"> ball rack x 1set flat board x 3sets Must be bolted to the floor | <ul style="list-style-type: none"> Height: 2300mm Width: 1570mm Length: 550mm | |
| | Training area | |
| | <ul style="list-style-type: none"> Width: 1700mm Length: 1750mm | |



DOUBLE STORAGE RACK

- | | | |
|---|--|-----------------|
| Features | Rack dimension | PZ 10506 |
| <ul style="list-style-type: none"> Main tube size: steel frame 80x160mm (3.15"x6.3") thickness 3mm Charcoal powder coated finish Include: <ul style="list-style-type: none"> ball rack x 1set flat board x 4sets hang rack x 1set storage box x 2pcs Must be bolted to the floor | <ul style="list-style-type: none"> Height: 2300mm Width: 2970mm Length: 550mm | |
| | Training area | |
| | <ul style="list-style-type: none"> Width: 4150mm Length: 1750mm | |

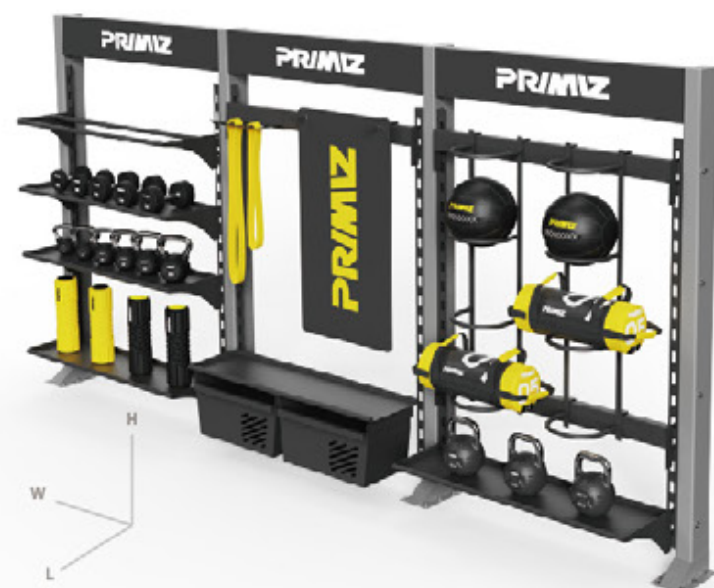


QUADRUPLE T-TYPE BRIDGE

- | | | |
|---|---|-----------------|
| Features | Rack dimension | PZ 10508 |
| <ul style="list-style-type: none"> Main tube size: steel frame 80x160mm (3.15"x6.3") thickness 3mm Charcoal powder coated finish Include: <ul style="list-style-type: none"> ball rack x 1set flat board x 6sets hang rack x 1set storage box x 4pcs dumbbell tree x 2sets suspension trainer beam x 2sets boxing bag beam x 1set Must be bolted to the floor | <ul style="list-style-type: none"> Height: 2600mm Width: 5250mm Length: 5020mm | |
| | Training area | |
| | <ul style="list-style-type: none"> Width: 6200mm Length: 7000mm | |

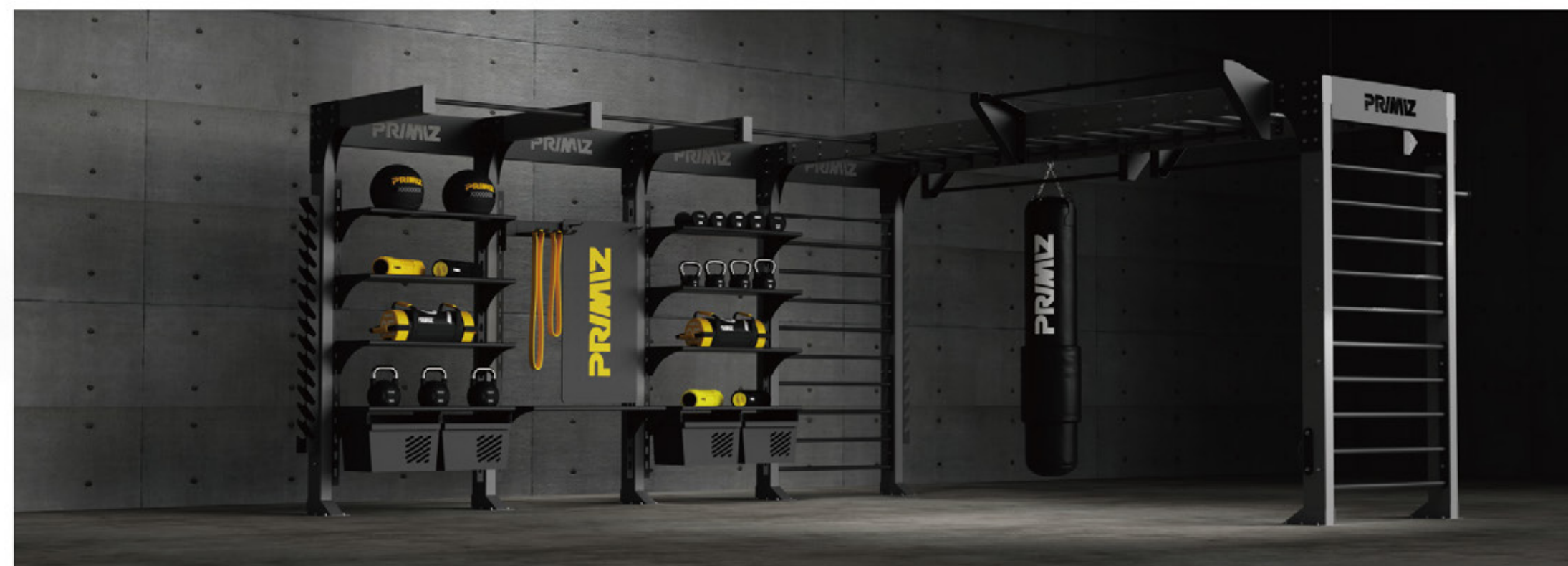


ITEM CODE PZ 10508 ITEM DESCRIPTION QUADRUPLE T-TYPE BRIDGE



TRIPLE STORAGE RACK

- | | | |
|--|--|-----------------|
| Features | Rack dimension | PZ 10507 |
| <ul style="list-style-type: none"> Main tube size: steel frame 80x160mm (3.15"x6.3") thickness 3mm Charcoal powder coated finish Include: <ul style="list-style-type: none"> ball rack x 1set training bag rack x 2sets flat board x 5sets hang rack x 1set storage box x 2pcs Must be bolted to the floor | <ul style="list-style-type: none"> Height: 2300mm Width: 4370mm Length: 550mm | |
| | Training area | |
| | <ul style="list-style-type: none"> Width: 5350mm Length: 1750mm | |





- PZ 10505 SINGLE STORAGE RACK
- PZ 10506 DOUBLE STORAGE RACK
- PZ 10507 TRIPLE STORAGE RACK
- CAN BE ALTERNATIVELY INSTALLED INSIDE THE CONTAINER

PRIMIZ TRAINING CONTAINER

Features

- Laser cut holes (50mm distance) and numbering system
- Main tube size: steel frame 75x75mm (3"x3") thickness 3mm
- Charcoal powder coated finish

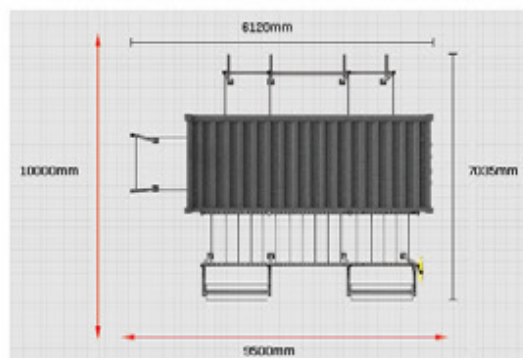
Rack dimension

- Height: 3500mm
- Width: 6120mm
- Length: 7035mm

Training area

- Width: 9500mm
- Length: 10000mm

PZ 10101





PRIMIZ ELITE COLORED URETHANE BUMPER PLATE

- Tolerance: +/- 1%
- Diameter: 450mm (IWF Standard)
- Diameter of central hole: 50.4mm
- Made with high quality polyurethane (CPU) material
- Large central steel hub

Item	Weight	Color	PZ 20104
PZ 20104-01	5kg	Grey	
PZ 20104-02	10kg	Green	
PZ 20104-03	15kg	Yellow	
PZ 20104-04	20kg	Blue	
PZ 20104-05	25kg	Red	



PRIMIZ ELITE COLORED RUBBER BUMPER PLATE

- Tolerance: +/- 1%
- Diameter: 450mm (IWF Standard)
- Diameter of central hole: 50.4mm +/- 2mm
- Made with pure virgin rubber

Item	Weight	Color	PZ 20101
PZ 20101-01	5kg	Grey	
PZ 20101-02	10kg	Green	
PZ 20101-03	15kg	Yellow	
PZ 20101-04	20kg	Blue	
PZ 20101-05	25kg	Red	



RUBBER FRACTIONAL PLATE

- Made with 45# steel core and virgin rubber
- High quality waterproof and wear-resistant rubber
- Each color representing a different weight

PZ 20106

Item	Weight	Color	Item	Weight	Color
PZ 20106-01	0.5kg	Grey	PZ 20106-01	2kg	Blue
PZ 20106-02	1kg	Green	PZ 20106-02	2.5kg	Red
PZ 20106-03	1.5kg	Yellow	PZ 20106-03	5kg	Grey



Item	Weight	Color
PZ 20107-01	5kg	Grey
PZ 20107-02	10kg	Green
PZ 20107-03	15kg	Yellow
PZ 20107-04	20kg	Blue
PZ 20107-05	25kg	Red

RUBBER BUMPER PLATE WITH STEEL HUB

- Tolerance: +/- 1%
- Diameter: 450mm (IWF Standard)
- Diameter of central hole: 50.4mm
- Made with pure virgin rubber

PZ 20107



Item	Weight	Color
PZ 20105-01	5kg	Grey
PZ 20105-02	10kg	Green
PZ 20105-03	15kg	Yellow
PZ 20105-04	20kg	Blue
PZ 20105-05	25kg	Red

COLOR DOT EPDM BUMPER PLATE

- Tolerance: +/- 1%
- Diameter: 450mm (IWF Standard)
- Diameter of central hole: 50.4mm +/- 2mm
- High elasticity and durability rubber

PZ 20105

Item	Weight	Color
PZ 20102-01	1.25kg	Black
PZ 20102-02	2.5kg	Black
PZ 20102-03	5kg	Black
PZ 20102-04	10kg	Black
PZ 20102-05	15kg	Black
PZ 20102-06	20kg	Black



PRIMIZ ELITE BLACK PVC HANDLE PLATE

- Tolerance: +/- 1%
- Hand grip hole design
- Diameter of central hole: 30mm and 50mm

PZ 20102



BLACK RUBBER HANDLE PLATE

- Tolerance: +/- 2%
- Hand grip hole design
- Diameter of central hole: 30mm and 50mm
- Made with high quality rubber material

PZ 20108

Item	Weight	Color
PZ 20108-01	1.25kg	Black
PZ 20108-02	2.5kg	Black
PZ 20108-03	5kg	Black

Item	Weight	Color
PZ 20108-04	10kg	Black
PZ 20108-05	15kg	Black
PZ 20108-06	20kg	Black
PZ 20108-07	25kg	Black



PRIMIZ 12-SIDED BLACK URETHANE HANDLE PLATE

- Tolerance: +/- 1%
- Hand grip hole design
- Diameter of central hole: 30mm and 50mm
- Made with high quality polyurethane (CPU) material
- The 12 sided design effectively prevents the plates from rolling.

PZ 20103

Item	Weight	Color
PZ 20103-01	1.25kg	Black
PZ 20103-02	2.5kg	Black
PZ 20103-03	5kg	Black

Item	Weight	Color
PZ 20103-04	10kg	Black
PZ 20103-05	15kg	Black
PZ 20103-06	20kg	Black
PZ 20103-07	25kg	Black



COLOR STUDIO DUMBBELL

- High durable PVC coated
- Precision casting iron core
- Anti-rolling design
- Tolerance: +3% / -2%

PZ 20303

Item	Weight	Color	Item	Weight	Color
PZ 20303-01	1kg	Yellow	PZ 20303-04	3kg	Red
PZ 20303-02	1.5kg	Green	PZ 20303-05	4kg	Grey
PZ 20303-03	2kg	Blue	PZ 20303-06	5kg	Black



PREACHER PAD

- Material: PVC, EPE
- Size: 66x35x20cm

PZ 50130



HEXAGONAL RUBBER DUMBBELL

- Weight increment: 2.5kg-50kg
- High durable rubber coated
- Special treatment alloy steel handle
- Anti-rolling design
- Tolerance: +3% / -2%

PZ 20304

ELITE RUBBER DUMBBELL

- Weight increment: 2kg-36kg
- High durable rubber coated
- Special treatment alloy steel handle
- Tolerance: +3% / -2%

PZ 20305

Item	Weight	Color	Item	Weight	Color
PZ 20305-01	2kg	Black	PZ 20305-08	16kg	Black
PZ 20305-02	4kg	Black	PZ 20305-09	18kg	Black
PZ 20305-03	6kg	Black	PZ 20305-10	20kg	Black
PZ 20305-04	8kg	Black	PZ 20305-11	24kg	Black
PZ 20305-05	10kg	Black	PZ 20305-12	28kg	Black
PZ 20305-06	12kg	Black	PZ 20305-13	32kg	Black
PZ 20305-07	14kg	Black	PZ 20305-14	36kg	Black





PRIMIZ STUDIO STEEL DUMBBELL

- Tolerance: +/- 2%
- Precision steel construction
- Anti-slip PVC ring
- Black hard chrome coated

PZ 20302					
Item	Weight	Color	Item	Weight	Color
PZ 20302-01	1kg	Yellow	PZ 20302-06	6kg	Yellow
PZ 20302-02	2kg	Yellow	PZ 20302-07	7kg	Yellow
PZ 20302-03	3kg	Yellow	PZ 20302-08	8kg	Yellow
PZ 20302-04	4kg	Yellow	PZ 20302-09	9kg	Yellow
PZ 20302-05	5kg	Yellow	PZ 20302-10	10kg	Yellow



12-SIDED URETHANE DUMBBELL

- Tolerance: +/- 2%
- High quality polyurethane (PVC) material
- Special treatment alloy steel handle
- Anti-rolling design

PZ 20306					
Item	Weight	Color	Item	Weight	Color
PZ 20306-01	4kg	Black	PZ 20306-06	16kg	Black
PZ 20306-02	6kg	Black	PZ 20306-07	20kg	Black
PZ 20306-03	8kg	Black	PZ 20306-08	24kg	Black
PZ 20306-04	10kg	Black	PZ 20306-09	28kg	Black
PZ 20306-05	12kg	Black	PZ 20306-10	32kg	Black



PRIMIZ ELITE URETHANE DUMBBELL

- Tolerance: +/- 2%
- High quality polyurethane (CPU) material
- Special treatment alloy steel handle

PZ 20301					
Item	Weight	Color	Item	Weight	Color
PZ 20301-01	4kg	Black	PZ 20301-06	16kg	Black
PZ 20301-02	6kg	Black	PZ 20301-07	20kg	Black
PZ 20301-03	8kg	Black	PZ 20301-08	24kg	Black
PZ 20301-04	10kg	Black	PZ 20301-09	28kg	Black
PZ 20301-05	12kg	Black	PZ 20301-10	32kg	Black



PRIMIZ URETHANE BARBELL

- Tolerance: +/- 2%
- High quality polyurethane (CPU) material
- Special treatment alloy steel handle
- Length of handle: 95cm

PZ 20401					
Item	Weight	Color	Item	Weight	Color
PZ 20401-01	10kg	Black	PZ 20401-03	20kg	Black
PZ 20401-02	15kg	Black	PZ 20401-04	25kg	Black
			PZ 20401-05	30kg	Black



PRIMIZ EZ URETHANE BARBELL

- Tolerance: +/- 2%
- High quality polyurethane (CPU) material
- Special treatment alloy steel handle
- Length of handle: 95cm

PZ 20405					
Item	Weight	Color	Item	Weight	Color
PZ 20405-01	10kg	Black	PZ 20405-03	20kg	Black
PZ 20405-02	15kg	Black	PZ 20405-04	25kg	Black
			PZ 20405-05	30kg	Black



PRIMIZ SAND BELL

- Material: Neoprene, iron sand
- Weight: 2kg, 4kg, 6kg and 8kg
- Durable and highly flexible
- Constant shifting movement
- Engages hand and wrist gripping muscles

PZ30402					
Item	Weight	Color	Item	Weight	Color
PZ 20405-01	2kg	Yellow	PZ 20405-03	6kg	Red
PZ 20405-02	4kg	Blue	PZ 20405-04	8kg	Grey



ARM TRAINER

- Material: steel, EVA, nylon
- Made from high elastic steel
- Perfect for arm curl exercise

PZ 20610



STUDIO PVC KETTLEBELL

- High durable PVC coated
- Precision casting iron core
- Anti-rolling design
- Tolerance: +3% / -2%

PZ 20203

Item	Weight	Color	Item	Weight	Color
PZ 20203-01	4kg	Yellow	PZ 20203-05	12kg	Purple
PZ 20203-02	6kg	Pink	PZ 20203-06	16kg	Orange
PZ 20203-03	8kg	Lime Green	PZ 20203-07	20kg	Grey
PZ 20203-04	10kg	Blue	PZ 20203-08	24kg	Black



PRIMIZ ELITE PVC KETTLEBELL

- High durable PVC coated
- Precision casting iron core
- Logo making on silicone ring
- Tolerance: +/- 2%

PZ 20204

Item	Weight	Color	Item	Weight	Color
PZ 20204-01	6kg	Black	PZ 20204-04	12kg	Black
PZ 20204-02	8kg	Black	PZ 20204-05	16kg	Black
PZ 20204-03	10kg	Black	PZ 20204-06	20kg	Black
			PZ 20204-07	24kg	Black



RUBBER KETTLEBELL

- High quality rubber material
- Elasticity rubber shell designed to protect flooring
- Tolerance: +/- 2%

PZ 20205

Item	Weight	Color	Item	Weight	Color
PZ 20205-01	3kg	Yellow	PZ 20205-05	7kg	Red
PZ 20205-02	4kg	Pink	PZ 20205-06	8kg	Purple
PZ 20205-03	5kg	Lime Green	PZ 20205-07	9kg	Orange
PZ 20205-04	6kg	Blue	PZ 20205-08	10kg	Grey
			PZ 20205-09	12kg	Black



PREMIUM PVC KETTLEBELL

- High durable PVC coated
- Precision casting iron core
- Tolerance: +/- 2%

PZ 20206

Item	Weight	Color	Item	Weight	Color
PZ 20206-01	4kg	Black	PZ 20206-05	12kg	Black
PZ 20206-02	6kg	Black	PZ 20206-06	14kg	Black
PZ 20206-03	8kg	Black	PZ 20206-07	16kg	Black
PZ 20206-04	10kg	Black	PZ 20206-08	18kg	Black



PRIMIZ ELITE URETHANE KETTLEBELL

- Tolerance: +/- 2%
- High quality polyurethane (CPU) material
- Special treatment alloy steel handle

PZ 20201



Item	Weight	Color	Item	Weight	Color
PZ 20201-01	4kg	Black	PZ 20201-06	16kg	Black
PZ 20201-02	6kg	Black	PZ 20201-07	20kg	Black
PZ 20201-03	8kg	Black	PZ 20201-08	24kg	Black
PZ 20201-04	10kg	Black	PZ 20201-09	28kg	Black
PZ 20201-05	12kg	Black	PZ 20201-10	32kg	Black

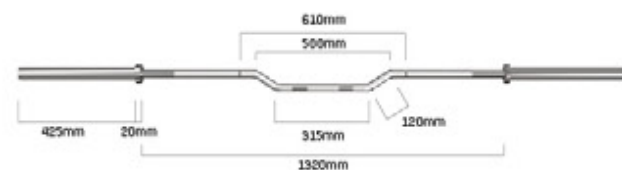


PRIMIZ CAST-IRON COMPETITION KETTLEBELL

- Tolerance: +/- 2%
- Premium materials and craft construction
- Comfortable non-slip handle
- Different weight with different color coding

PZ 20202

Item	Weight	Color	Item	Weight	Color
PZ 20202-01	8kg	Pink	PZ 20202-05	20kg	Orange
PZ 20202-02	10kg	Lime Green	PZ 20202-06	24kg	Grey
PZ 20202-03	12kg	Blue	PZ 20202-07	28kg	Red
PZ 20202-04	16kg	Yellow	PZ 20202-08	32kg	Black

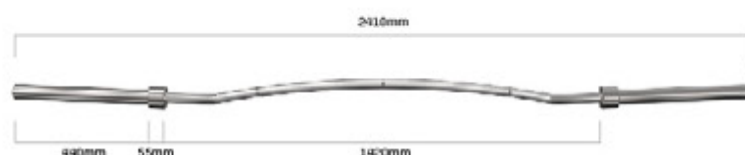


MACDONALD BENCH PRESS BAR

- Material: 60Si2Mn
- Weight: 20kg
- Length: 220cm
- Shaft dia.: 30mm
- PSI: 190k
- Construction: Graphite bush
- Surface: hard chrome
- Max. loading: 2000lb



PZ 20602



BUFFALO POWERLIFTING BAR

- Material: 60Si2Mn
- Weight: 25kg
- Length: 241cm
- Shaft dia.: 32mm
- PSI: 190k
- Construction: Graphite bush
- Surface: hard chrome
- Max. loading: 2000lb



PZ 20601



SAFTY SQUAT BAR

- Material: steel
- Weight: 21kg
- Length: 220cm
- Handle dia.: 28mm
- Max loading: 150kg



PZ 20604



GYM TYRE

- Material: steel, rubber
- Assembly size: 165*122*51cm
- Weight of tyre: 44kg
- Meas: 150*80*70cm
- N.W./G.W.: 125kg/128kg
- Ideal for core fitness
- Real rubber tyre weighted 44kg

PZ 20611

LOADABLE BAR

- Material: A3 steel
- With needle bearing x 4, brass bushing x 2
- Weight: 5.8kg, length: 51.5cm
- Handle dia.: 20mm
- Max loading: 500lb



PZ 20701



4' OLYMPIC BAR

- Material: A3 steel
- With brass bushing x 2
- Weight: 10kg, length: 120cm
- Handle dia.: 28mm
- Max loading: 500lb



PZ 20607



4' OLYMPIC EZ BAR

- Material: A3 steel
- With brass bushing x 2
- Weight: 10.5kg, length: 120cm
- Handle dia.: 28mm
- Max loading: 500lb



PZ 20608



5' OLYMPIC BAR

- Material: 45# steel
- With needle bearing x 2, brass bushing x 2
- Weight: 13.5kg, length: 150cm
- Handle dia.: 28mm
- Max loading: 600lb

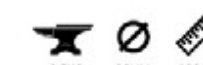


PZ 20606



JUNIOR TECHNIQUE BAR

- Material: aluminum
- With ball bearing x 2
- Weight: 2.5kg, length: 130cm
- Handle dia.: 22mm
- Max loading: 40lb



PZ 20609

SAFETY HEX TRAP BAR

- Material: Q235 steel
- Size: 150x60x15cm
- Weight: 25.8kg, length: 150cm
- Handle dia.: 20mm



PZ 20605



Item	Handle color
PZ 20506-01	Grey
PZ 20506-02	Green
PZ 20507-01	Yellow
PZ 20507-02	Red

COMPETITION POWERLIFTING BAR

- Material: 60Si2Mn, PSI: 210k
- Weight: 20kg, length: 220cm
- Shaft dia.: 29mm
- Construction: Graphite bush
- Surface: handle black chrome, sleeve hard chrome
- Max. loading: 2000lb

PZ 20501



MEN'S PERFORMANCE BAR PRO

- Material: 42CrMo, PSI: 190k
- Weight: 20kg, length: 220cm
- Shaft dia.: 28mm
- Construction: 8 needle bearing with brass bushing
- Surface: handle black chrome, sleeve hard chrome
- Max. loading: 1500lb

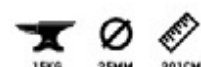
PZ 20504



WOMEN'S PERFORMANCE BAR PRO

- Material: 42CrMo, PSI: 190k
- Weight: 15kg, length: 201cm
- Shaft dia.: 25mm
- Construction: 8 needle bearing with brass bushing
- Surface: handle black chrome, sleeve hard chrome
- Max. loading: 1000lb

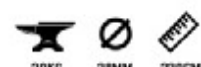
PZ 20505



MEN'S PERFORMANCE BAR

- Material: 42CrMo, PSI: 170k
- Weight: 20kg, length: 220cm
- Shaft dia.: 28mm
- Construction: 8 needle bearing with brass bushing
- Surface: handle cerakote, sleeve QPQ
- Max. loading: 1000lb

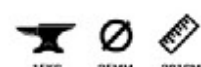
PZ 20502



WOMEN'S PERFORMANCE BAR

- Material: 42CrMo, PSI: 170k
- Weight: 15kg, length: 201cm
- Shaft dia.: 25mm
- Construction: 8 needle bearing with brass bushing
- Surface: handle cerakote, sleeve QPQ
- Max. loading: 700lb

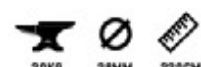
PZ 20503



MEN'S COMMERCIAL TRAINING BAR

- Material: 40Cr, PSI: 170k
- Weight: 20kg, length: 220cm
- Shaft dia.: 28mm
- Construction: 8 needle bearing with brass bushing
- Surface: handle teflon, sleeve QPQ
- Max. loading: 1000lb

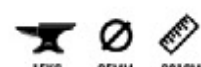
PZ 20508



WOMEN'S COMMERCIAL TRAINING BAR

- Material: 40Cr, PSI: 170k
- Weight: 15kg, length: 201cm
- Shaft dia.: 25mm
- Construction: 8 needle bearing with brass bushing
- Surface: handle teflon, sleeve QPQ
- Max. loading: 700lb

PZ 20507



NYLON COLLAR

- Material: nylon
- Fit for dia.: 50mm Olympic bar

PZ 20901



ALUMINUM COLLAR

- Material: aluminum
- Fit for dia.: 50mm Olympic bar
- With magnet

PZ 20902



OLYMPIC COLLAR

- Material: PP, steel
- Size: dia. 9x4cm

PZ 20904



STEEL COLLAR

- Material: steel
- Fit for dia.: 50mm Olympic bar
- Weight: 2.5kg each

PZ 20903



STEEL SQUAT WEDGE

- Material: Q235 Steel
- Main tube Size: 3mm steel plate
- Angle 20°
- Assemble size: 26.5x15.7x9cm [each]

PZ 20807

SHOULDER SUPPORT

- Material: PVC, NBR
- Length: 45cm

PZ 20801



RUBBER SQUAT WEDGE

- Material: rubber
- Size: 70x16x5cm

PZ 20806





T-BAR HANDLE

- Material: steel
- Fit for dia.: 50mm Olympic bar

PZ 21001



SINGLE HANDLE

- Material: steel
- Fit for dia.: 50mm Olympic bar

PZ 21002



LANDMINE BASE

- Material: steel
- Fit for dia.: 50mm Olympic bar
- Size: 45 x 45cm, weight: 18kg

PZ 21003



CABLE HANDLE

- Material: steel, PU
- Surface: chrome

PZ 21020



CABLE HANDLE

- Material: steel, PU
- Surface: chrome

PZ 21021



TRICEP STRAIGHT BAR

- Material: steel, PU
- Surface: chrome

PZ 21022



MULTI PURPOSE HANDLE

- Material: steel, PU
- Surface: chrome

PZ 21023



TRICEP V BAR

- Material: steel, PU
- Surface: chrome

PZ 21024



PRO LAT BAR

- Material: steel, PU
- Surface: chrome

PZ 21025



POWER GRASP

- Material: PU, steel, TPE

PZ 50120



POWER GRASP PRO

- Material: PU, aluminum, steel

PZ 50121



PZ 21010-01 WIDE TRICEPS GRIP



PZ 21010-02 BICEPS GRIP



PZ 21010-03 TRICEPS GRIP



PZ 21010-04 MID GRIP



PZ 21010-05 V GRIP



PZ 21010-06 LOWER V GRIP



PZ 21010-07 MID BAR



PZ 21010-08 WIDE BAR



TRICEP ROPE

PZ 21011



MULTI-HANDLES SET

- Material: steel
- Surface: PVC matts coating
- One set include 8pcs
- Made of premium steel and coat with anti-slip PVC
- Different design and shape of handle position for different training purpose
- Use with power rack, smith machine and home gym ect

PZ 21010



JERK BLOCKS

- Material: high quality multi-layer board
- Thickness of board: 20mm
- Double-layer structure with internal support
- Size: 90x51x6cm, 90x51x15cm, 90x51x30cm, 90x51x38cm
- With handles for easy height adjustable
- Also used as jumping box

PZ 20810



DROP PAD

- Material: anti-slip PVC, recycle cotton
- Size: 108x41x20cm (each)
- Made of durable PVC and fill with heavy cotton
- Absorbing the impact, protect the floor

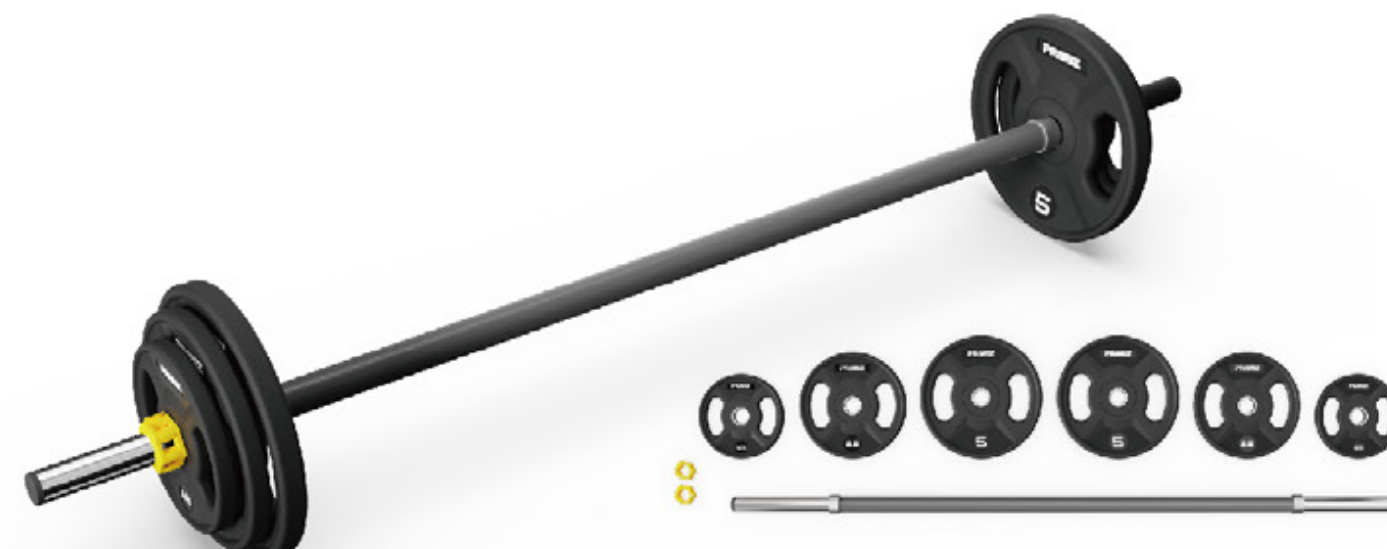
PZ 20803



WEIGHTLIFTING PLATFORM

- Material: rubber, steel, wood
- Size: 2600x1570x50mm
- Thickness of rubber tile: 50mm
- Durable rubber provides ample cushioning for the landing of the barbell

PZ 20811



PRIMIZ BODY PUMP SET

- Material: PVC, cast iron, steel
- One set include:
 - PVC handle plate: 1.25kg x 2pcs, 2.5kg x 2pcs, 5kg x 2pcs
 - Foam bar x 1pc
 - Nylon collar x 2pcs

PZ 20404



AEROBIC FITNESS STEP

PZ 60101

- Material: PP
- Size: 98 x 38 x 15cm
- Packing: 1pc/carton
- Carton dimension: 37.5 x 16.5 x 98cm
- N.W./G.W.: 0.5kg / 9.5kg
- Strong PP injection constructed
- 3 heights adjustable, 15cm, 20cm and 25cm
- With anti-slip platform

MULTI-FUNCTION DECK

PZ 60102

- Material: PP + TPR
- Size: 121.5 x 34.5 x 35.5cm
- Weight: 11.9kg
- Packing: 1pc/carton
- Carton dimension: 35 x 23 x 112.5cm
- N.W./G.W.: 11.9kg / 13kg
- Strong PP injection constructed
- Platform could be adjust to incline for sit up bench purpose



PRIMIZ FITNESS STEP

PZ 60103

- Material: PP + TPE
- Platform workout size: 106.5 x 43cm
- Contains: 1 x deck, 4 x risers
- adjustable height to 3 levels
- Max. user weight: 200kg
- Risers could be used as jump box
- Strong PP injection constructed
- 3 heights adjustable, riser could be used separately as jump box
- With anti-slip platform

MINI FITNESS STEP

PZ 60104

- Material: PP + TPE
- Platform workout size: 20 x 20cm
- Max. user weight: 200kg
- Step stackable - could be used as jump box
- Strong PP injection constructed
- With anti-slip platform



LEVEL 01 Height: 10cm



LEVEL 02 Height: 15cm



LEVEL 03 Height: 20cm



PRIMIZ®



PRIMIZ BALANCE BALL

- Size: Dia.60cm*24cm(H)
- High quality PVC material
- Carton dimension: 60*60*12cm
- Max user weight: 300kg
- Perfect for balance training and core muscle exercise
- Improve coordination, muscle strength and flexibility

Item	Color	PZ 40120
PZ 40120-GB	Black	
PZ 40120-BY	Yellow	



FITNESS TRAMPOLINE

- Material: steel, PP
- Jump mat size: 40" (100cm)
- Height: 28cm
- Elastic rope structure

PZ 70101



PRIMIZ BODY TONING BAR

- Material: CPU, steel tube, NBR
- Length: 122cm
- Weight: 2 - 6kg
- Comfortable high quality foam covered bar
- Solid steel core for evenly distributed weight

Item	Weight	Length	Color
PZ 60320-01	2kg	122cm	Yellow
PZ 60320-02	3kg	122cm	Green
PZ 60320-03	4kg	122cm	Blue
PZ 60320-04	5kg	122cm	Red
PZ 60320-05	6kg	122cm	Orange



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MEDICINE BALL

- Material: rubber

PZ 30611

Item	Weight	Diameter	Color
PZ 30611-01	2kg	23cm	Yellow/Black
PZ 30611-02	3kg	23cm	Yellow/Black
PZ 30611-03	4kg	23cm	Blue/Black
PZ 30611-04	5kg	25cm	Orange/Black
PZ 30611-05	6kg	25cm	Red/Black
PZ 30611-06	8kg	28cm	Purple/Black
PZ 30611-07	10kg	28cm	Grey/Black



SLAM BALL

- Material: PVC, iron sands

PZ 30613

Item	Weight	Diameter
PZ 30613-01	3kg	23cm
PZ 30613-02	5kg	23cm
PZ 30613-03	8kg	23cm
PZ 30613-04	10kg	23cm
PZ 30613-05	12kg	28cm
PZ 30613-06	15kg	28cm
PZ 30613-07	20kg	28cm



SLAM BALL PRO

- Material: rubber, iron sands

PZ 30612

Item	Weight	Diameter	Item	Weight	Diameter
PZ 30612-01	2kg	19cm	PZ 30612-03	6kg	23cm
PZ 30612-02	4kg	19cm	PZ 30612-04	8kg	23cm
			PZ 30612-05	10kg	23cm

WALL BALL

- Material: non-slip, moisture-proof PVC
- Fill: cotton, rubber pieces, steel shot
- Diameter: 35cm

PZ 30601

Item	Weight	Diameter	Item	Weight	Diameter
PZ 30601-01	3kg	35cm	PZ 30601-04	6kg	35cm
PZ 30601-02	4kg	35cm	PZ 30601-05	8kg	35cm
PZ 30601-03	5kg	35cm	PZ 30601-06	10kg	35cm
			PZ 30601-07	12kg	35cm

WALL BALL ELITE

- Material: non-slip, moisture-proof scratch-resistance PVC
- Fill: PU shell, cotton, rubber pieces, steel shot
- Diameter: 35cm

PZ 30602

Item	Weight	Diameter	Item	Weight	Diameter
PZ 30602-01	3kg	35cm	PZ 30602-04	6kg	35cm
PZ 30602-02	4kg	35cm	PZ 30602-05	8kg	35cm
PZ 30602-03	5kg	35cm	PZ 30602-06	10kg	35cm
			PZ 30602-07	12kg	35cm



TRAINING BAG

- Material: cordura housing
- Size: 23 x 53cm
- Weight: 20kg maximum
- Durable industrial grade cordura housing
- With 5 extra weight bags (delivery without filled)

PZ 30108



SLOSH BAG

- Material: PVC
- Weight: 20 x 75cm
- Max. water fills: 20kg
- Come with inflate adapter

PZ 30109



BULGARIAN BAG

- Material: PVC
- Content: cotton + steel shot
- Weight: 5-20kg
- Carton dimension: 71 x 24 x 33cm
- Durable industrial grade PVC housing
- Heavy duty nylon straps

PZ 30105

Item	Weight	Color
PZ 30105-01	5kg	Yellow/Black
PZ 30105-02	10kg	Yellow/Black
PZ 30105-03	15kg	Yellow/Black
PZ 30105-04	20kg	Yellow/Black



TRAINING SAND BAG

- Material: PVC + steel shot
- Weight: 5, 10, 15, 20kg
- Carton dimension: 58 x 23 x 23cm
- Industrial grade, thick PVC skin
- Heavy duty nylon straps with soft NBR padding
- Air hole allow for air release when compressed

PZ 30101

Item	Weight	Color
PZ 30101-01	5kg	Yellow/Black
PZ 30101-02	10kg	Blue/Black
PZ 30101-03	15kg	Red/Black
PZ 30101-04	20kg	Black/Black
PZ 30101-05	25kg	Black/Black





WEIGHT VEST

- Material: cordura
- Content: iron solid
- Weight: 10kg, 20kg, 30kg
- Size and weight adjustable
- 2 belts fasten
- Thickening fill for shoulder position

PZ 30501

Item	Weight	Color
PZ 30501-01	10kg	
PZ 30501-02	20kg	
PZ 30501-03	30kg	



GYM TYRE

- Material: PVC + TYRE + foam
- Industrial grade PVC housing with crossing mesh
- Inner with EVA padding and real rubber TYRE

PZ 30107

Item	Weight	Size	Color
PZ 30107-01	40kg	87x40x23cm	
PZ 30107-02	60kg	103x50x31cm	
PZ 30107-03	80kg	122x60x34cm	

Item	Weight	Size
PZ 30104-01	45kg	40x26cm
PZ 30104-02	68kg	40x37cm
PZ 30104-03	90kg	40x45cm

STRONG MAN BAG

- Material: cordura + nylon
- Weight: 45KG, 68KG, 90KG
- 1000d nylon industrial grade material
- With velcro and zipper for double leak proof

PZ 30104



3 IN 1 SOFT PLYO BOX

- Material: PVC, EVA, wood
- Thickness of wood: 18mm
- Size: 50x60x75cm
- Slip free PVC housing
- With EVA padding to reduce the impact on the legs
- Three heights for various training
- Carton dimension: 77x62x26cm

PZ 30202



WOOD STRUCTURE



STICK WITH EVA PADDING



3 IN 1 WOODEN PLYO BOX

- Material: birch wood
- Thickness of wood: 18mm
- Product size: 50x60x75cm
- Surface non-slip texture
- Three heights for various training
- Carton dimension: 78x65x12cm

PZ 30201

PRIMIZ STACKABLE SOFT PLYO BOX

- Material: PVC, EVA, recycle cotton
- Industrial grade PVC material
- Filled with EPE padding
- 2 hardness in different sides for yellow 15cm height plyo box give different landing experience

PZ 30203

Item	Material	Size	Color
PZ 30203-01	PVC, EVA, recycle cotton	90x73x15cm	
PZ 30203-02	PVC, recycle cotton	90x73x30cm	
PZ 30203-03	PVC, recycle cotton	90x73x45cm	
PZ 30203-04	PVC, recycle cotton	90x73x60cm	





BATTLE ROAPE

- Size: 34.3 x 20 x 5cm

PZ 30213



BATTLE ROAPE

- Size: 23 x 5 x 9cm

PZ 30214



SUSPENSION TRAINER

- Material: high density polypropylene
- Length adjustable
- Alloy carabiner
- Webbing width: 3.8cm

PZ 30250



BATTLE ROAPE

- Material: Polyester fibre
- Heat-shrinkable non-slip handle
- Diameter of rope: 38mm [1.5"] / 50mm [2"]

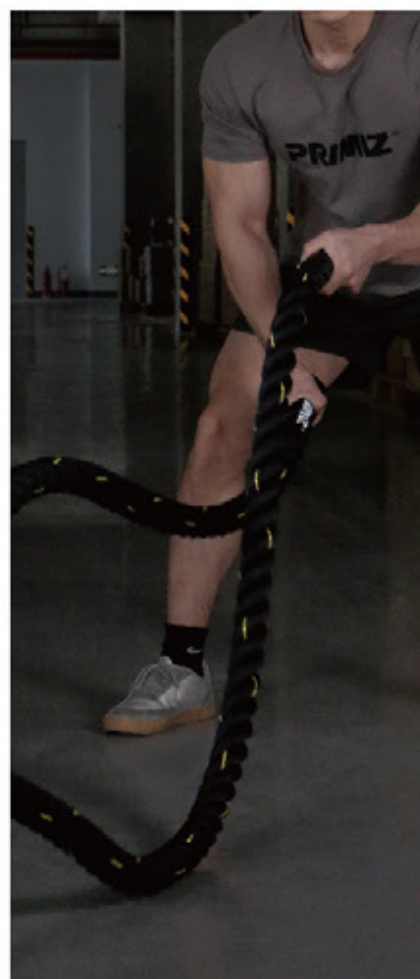
PZ 30210



BATTLE ROPE

- Material: Polyester fibre
- Heat-shrinkable non-slip handle
- Diameter of rope: 38mm [1.5"] / 50mm [2"]
- Cloth cover wrapping

PZ 30211



Item	Size	Weight
PZ 30210-01	1.5"x30'	7.6kg
PZ 30210-02	1.5"x40'	10.2kg
PZ 30210-03	1.5"x50'	12.8kg
PZ 30210-04	2"x30'	13kg
PZ 30210-05	2"x40'	17.4kg
PZ 30210-06	2"x50'	21.8kg

Item	Size	Weight
PZ 30211-01	1.5"x30'	7.6kg
PZ 30211-02	1.5"x40'	10.2kg
PZ 30211-03	1.5"x50'	12.8kg
PZ 30211-04	2"x30'	13kg
PZ 30211-05	2"x40'	17.4kg
PZ 30211-06	2"x50'	21.8kg



WOOD GYM RING

- Material: birch wood
- Ring diameter: 28mm
- Outer diameter of ring: 23cm
- Iron locking buckle

PZ 30220



Item	Color
PZ 30221-01	Yellow
PZ 30221-02	Grey

ABS GYM RING

- Material: ABS
- Ring diameter: 28mm
- Outer diameter of ring: 23cm
- Iron locking buckle

PZ 30221



AB STRAPS HANDLE

- Material: polyester steel
- Height: 40cm

PZ 30222



ROPE PULLER

- Magnetically controlled resistance
- Comfortable and easy to grip the rope
- Six-gear resistance adjustment
- With simple installation method
- Weight: 4.7kg
- Rope size: 400x2.5x1.8cm
- Host size: 20x16cm

PZ 30212

The Rope Puller is based on the simple principle of rock climbing and utilizes a magnetically controlled resistance machine that provides an isometric aerobic workout. People of any age and athletic ability can safely use our rope for training. It has a total of six levels of resistance, and we can change the speed of the rope puller by adjusting the resistance for different fitness purposes to provide maximum resistance training for athletes. The polyurethane material of the rope can provide comfortable grip and reduce friction and slippage during exercise.



BOXING GLOVES

- Material: PU leather, foamed EVA
- Size: 10oz, 12oz, 14oz

Item	Weight	Color	PZ 30301
PZ 30301-01	10oz	White	
PZ 30301-02	12oz	Yellow	
PZ 30301-03	14oz	Red	



BOXING WRIST STRAP

- Material: cotton
- Size: 300x5cm
- Soft and sweat-absorbing cotton material, with good air permeability

PZ 30350

Item	Size	Color
PZ 30350-01	300x5cm	Yellow
PZ 30350-02	300x5cm	Grey
PZ 30350-03	300x5cm	Black



MOUTH GUARD

- Material: Food-grade EVA
- Size: 5.7x4.7x2cm

PZ 30351



WATER PUNCHING BALL

- Material: PVC
- Size: 45x55cm
- Filled weight: 30kg
- Industrial grade, thick PVC cover
- Solid steel chains

PZ 30332



TUMBLER BOXING STAND

- Material: PVC, foam, cast iron

PZ 30331

Item	Size	Weight
PZ 30331-01	Dia.30x160cm	60kg
PZ 30331-02	Dia.38x180cm	90kg



BOXING BAG W/ KICKING PAD

- Material: PVC mesh
- Inner cotton rubber particles
- With extra kicking pad

PZ 30330

Item	Size	Weight
PZ 30330-01	Dia.35x150cm	40kg
PZ 30330-02	Dia.35x180cm	60kg



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PRIMIZ RESISTANCE TUBE

- Material: latex
- With NBR non-slip handle

PZ 40231

Item	Size	Strength	Color
PZ 40231-1	Light	20-30lb	Blue
PZ 40231-2	Medium	30-40lb	Yellow
PZ 40231-3	Heavy	40-50lb	Black
PZ 40231-4	Extra Heavy	50-60lb	Grey



COVERED RESISTANCE TUBE

- Material: latex, nylon
- With NBR non-slip handle

PZ 40230

Item	Size	Strength	Color
PZ 40230-1	Light	15-25lb	Yellow
PZ 40230-2	Medium	25-35lb	Blue
PZ 40230-3	Heavy	30-40lb	Black
PZ 40230-4	Extra Heavy	40-50lb	Grey



HIP LOOP

PZ 40201

- Material: made of nylon, stitch with latex thread
- 3 different size with different resistance levels
- Product washable
- Interior with silicone for slip free purpose
- Suitable for professional athletes or large resistance lower limb training

Item	Size	Resistance	Color
PZ 40201-01	60x6cm	Light	Yellow
PZ 40201-02	66x7cm	Medium	Blue
PZ 40201-03	72x8cm	Heavy	Black



MULTI-WAY EXPANDER

- Material: TPE, PP
- Size of tube: 8x12mm
- Length of tube: 120cm
- With door anchor
- Resistance can be adjusted

PZ 40232



PRIMIZ GYM BALL

- Material: PVC
- Size: 55, 65, 75cm

Item	Size	Weight	Height	Color
PZ 40101-01	55cm	1000g	5'-5'7"	Black
PZ 40101-02	65cm	1200g	5'8"-6'3"	Grey
PZ 40101-03	75cm	1400g	over 6'3"	White

PZ 40101



RESISTANCE LOOP

- Material: latex or rubber
- Perimeter: 600mm
- Width: 5cm

PZ 40210

Item	Thickness	Resistance	Color
PZ 40210-01	0.35mm	Extra Light	Yellow
PZ 40210-02	0.5mm	Light	Blue
PZ 40210-03	0.7mm	Medium	Black
PZ 40210-04	0.9mm	Heavy	Grey
PZ 40210-05	1.1mm	Extra Heavy	White

SCULPTING BAND

- Material: high quality nylon
- Size: 6x190cm
- With a booklet to make variety of functions
- Perfect for a wide range of exercise, including strength training, yoga, and more

Item	Size	Resistance	Color
PZ 40202-01	190x6cm	Medium	Blue
PZ 40202-02	190x6cm	Heavy	Black



SUPER BAND

- Material: latex

Item	Size	Strength	Color
PZ 40220-1	2080x13x4.5mm	15-35 LB	Yellow
PZ 40220-2	2080x21x4.5mm	25-65 LB	Blue
PZ 40220-3	2080x32x4.5mm	35-85 LB	Black
PZ 40220-4	2080x45x4.5mm	50-125 LB	Grey
PZ 40220-5	2080x64x4.5mm	65-175 LB	White



PZ 40220



BALANCE BOARD

- Material: ABS, TPR
- Size: Dia. 41.5x8cm
- Weight: 1300g
- With non-slip platform and base

PZ 40140



WOOD BALANCE BOARD

- Material: birch wood
- Size: 39.5x8cm
- Weight: 1550g

PZ 40141



WOODEN SLANT BOARD

- Material: birch wood
- Size: 40x32x15cm
- Angle adjust: 15°, 20°, 25°, 30°, 35°

PZ 20804



BALANCE CUBE

- Material: PU
- Size: 50x40x5.5cm
- Weight: 1500g

PZ 40302



SWEAT WAIST TRIMMER

- Material: ok fabric, SBR
- Size: 126x20cm
- Thickness: 5mm

PZ 50150



POWER GRASP PRO

- Material: rubber, neoprene
- Size: 23x21cm (each)

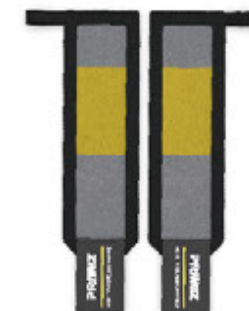
PZ 50105



WRIST WRAPS

- Material: cotton
- Size: 90x7.5cm

PZ 50106



WRIST WRAPS

- Material: polyester fibre
- Size: 33x8cm
- Elastic thumb rings are designed to fix on the thumb

PZ 50107



POWER GRASP

- Material: polyester, latex
- Size: 20x23cm (each)
- Steel sdck on top of strap

PZ 50102



POWER GRASP ELITE

- Material: rubber
- Size: 21x18cm (each)

PZ 50101



WRIST WRAPS PRO

- Material: polyester cotton, silicone
- Size: 50x4cm (each)

PZ 50103



WRIST WRAPS ELITE

- Material: polyester cotton, silicone
- Size: 38x18cm (each)

PZ 50104

ELBOW WRAPS

- Material: polyester fibre, latex
- Size: 110x9cm

PZ 50160



KNEE WRAPS

- Material: polyester fibre, latex
- Size: 170x9cm

PZ 50161



KNEE SUPPORT

- Material: 6mm SCR, nylon, lycra
- Size: S, M, L

PZ 50162

Item	Dimension	Color
PZ 50162-01	27-37cm	Black
PZ 50162-02	33-40cm	Black
PZ 50162-03	36-44cm	Black



HIP THRUST PAD

- Material: PU, NBR
- Size: 40x15cm

PZ 20808



WRIST & FOREARM BLASTER

- Material: steel, foam

PZ 30403



AB MAT

- Material: PVC cover, EPE
- Size: 37x30x8cm

PZ 40301



HIP THRUST PAD

- Material: oxford, microfiber
- Size: 47x26x6cm

PZ 20809



WEIGHTLIFTING BELT

- Material: PU
- Size: 120x10cm

PZ 50155



HEAD HARNESS

- Material: polyester, steel
- Size: universal

PZ 30108



DIP BELT

- Material: polyester, EVA
- Size: S, M, L

PZ 50153

Item	Dimension	Color
PZ 50153-01	89x23cm	Black
PZ 50153-02	98x23cm	Black
PZ 50153-03	107x23cm	Black



WEIGHTLIFTING BELT

- Material: PU
- Size: S, M, L

PZ 50154

Item	Dimension	Size	Color
PZ 50154-01	105x11cm	S	Black
PZ 50154-02	115x11cm	M	Black
PZ 50154-03	125x15cm	L	Black



WEIGHTLIFTING BELT

- Material: PU
- Size: S, M, L

PZ 50151

Item	Dimension	Color
PZ 50151-01	80x12cm	White
PZ 50151-02	85x12cm	Yellow
PZ 50151-03	90x12cm	Black

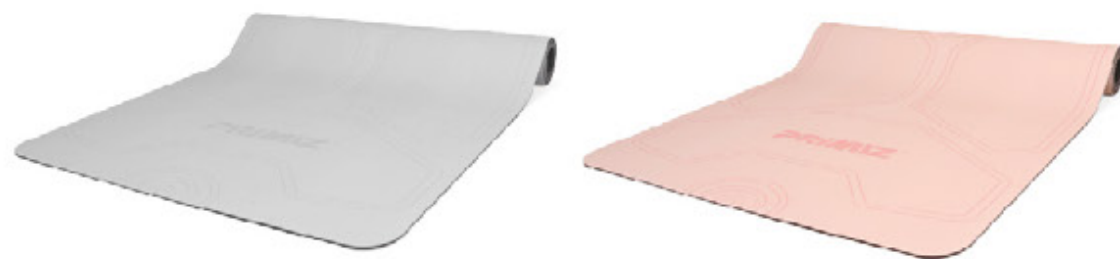


WEIGHTLIFTING BELT

- Material: SBR, polyester
- Size: S, M, L

PZ 50152

Item	Dimension	Color
PZ 50152-01	89x23cm	Black
PZ 50152-02	98x23cm	Black
PZ 50152-03	107x23cm	Black



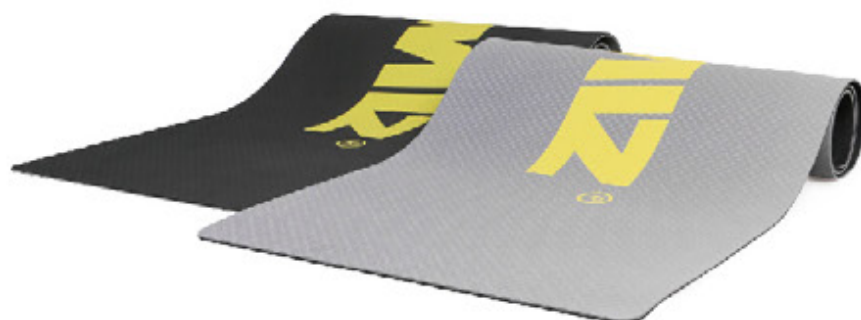
SUEDE PU YOGA MAT

- Material: suede, PU, nature rubber
- Size: 183*61cm
- Thickness: 4mm, 5mm
- Anti-slip surface
- High density, durable, heavy and stable

Item	Thickness	Color
PZ 40320-01	4mm	
PZ 40320-02	5mm	

Item	Thickness	Color
PZ 40320-03	4mm	
PZ 40320-04	5mm	

PZ 40320



TPE YOGA MAT

- Material: PU + nature rubber
- Size: 183*61cm
- Thickness: 5mm, 6mm
- Anti-slip surface
- High density, durable, heavy and stable

Item	Thickness	Color
PZ 40321-01	5mm	
PZ 40321-02	6mm	

Item	Thickness	Color
PZ 40321-03	5mm	
PZ 40321-04	6mm	

PZ 40321



CORK TPE MAT

- Size: 183x61cm
- Thickness: 5mm, 6mm
- Anti-slip surface
- Made with pure skin-friendly cork and TPE material
- Easy to clean the mat surface

PZ 40323

Item	Thickness	Color
PZ 40323-01	5mm	
PZ 40323-02	6mm	

MULTI-FUNCTIONAL GYM MAT

- Material: high density EVA
- Density: 110kg/M3
- Distance between holes: 50cm

PZ 40322

Item	Size	Color
PZ 40322-01	100x60x1.5cm	
PZ 40322-02	140x60x1.5cm	



YOGA BLOCK

- Material: high density EVA
- Size: 3"x6"x9"
- Weight: 175g

PZ 40361



CORE YOGA BLOCK

- Material: cork
- Size: 3"x6"x9"
- Weight: 745g

PZ 40360



EVA FOAM ROLLER

- Material: high density EVA
- Size: 15x60cm
- Increase flexibility, improve balance and mobility
- Light weight, easy to carry

PZ 40341

Item	Size	Color
PZ 40341-01	15x60cm	
PZ 40341-02	15x60cm	

EPP FOAM ROLLER

- Material: high density EPP
- Size: 15x90cm, 15x45cm
- Increase flexibility, improve balance and mobility
- Light weight, easy to carry

PZ 40342

Item	Size	Color
PZ 40342-01	15x45cm	
PZ 40342-02	15x90cm	



CAPPED FOAM ROLLER

- Material: EVA
- Size: 11x45cm
- Increase flexibility, improve balance and mobility
- Light weight, easy to carry
- With end caps easy to storage fitness accessories

PZ 40340



Item	Size	Color
PZ 40340-01	11x45cm	
PZ 40340-02	11x45cm	



MASSAGE BALL

- Material: high density silica gel
- Size: 6cm

PZ 60301

Item	Size	Color
PZ 60301-01	6cm	Grey
PZ 60301-02	6cm	Black
PZ 60301-03	6cm	Yellow



FITNESS BRACELETS

- Material: silicone
- Weight: 0.5kgx2, 1kgx2

PZ 30401

Item	Weight	Color
PZ 30401-01	0.5kgx2	Grey
PZ 30401-02	0.5kgx2	Yellow
PZ 30401-03	1kgx2	Grey
PZ 30401-04	1kgx2	Yellow



FOOT MASSAGE BALL

- Material: high quality polyurethane
- Size: dia. 6.8cm
- Designed for the soles of the feet and small muscle groups

PZ 50201

Item	Size	Color
PZ 50201-01	6.8cm	Grey
PZ 50201-02	6.8cm	Yellow



PEANUT MASSAGE BALL

- Material: high quality polyurethane
- Size: 19.5x10.5cm

PZ 50202

Item	Size	Color
PZ 50202-01	19.5x10.5cm	Black
PZ 50202-02	19.5x10.5cm	Red

ALUMINUM HAND GRIP

- High-strength springs are for precise grip training
- Wear-resistant and corrosion-resistant handle
- Handles engraved with non-slip knurling, to achieve maximum grip
- Spring with black spraying

PZ 50301

Item	Strength	Color
PZ 50301-01	100lbs	Purple
PZ 50301-02	150lbs	Green
PZ 50301-03	200lbs	Blue
PZ 50301-03	250lbs	Grey
PZ 50301-03	300lbs	Black



CABLE JUMP ROPE

- Material: carbon fibre, aluminum
- Size of rope: 0.25x300cm
- Handle with versatile ball bearing for smooth spinning
- Screw system for easy adjust rope length
- With super hard and light carbon fibre handle

PZ 60202



CABLE JUMP ROPE

- Material: PU, PP, steel wire
- Size of rope: 0.25x300cm
- Handle with ball bearing for smooth spinning
- Self-locking system for fast adjust rope length
- With non-slip and wear resistant handle

PZ 60201

Item	Handle Length	Color
PZ 60201-01	16cm	Yellow
PZ 60201-02	16cm	Black
PZ 60201-03	16cm	Black

FITNESS GLOVE

- Material: stretch microfibre, terylene
- Size: M, L, XL

PZ 50350

Item	Size	Color
PZ 50350-01	M	Black
PZ 50350-02	L	Black
PZ 50350-03	XL	Black



FITNESS GLOVE

- Material: stretch microfibre, terylene, PU
- Size: M, L, XL

PZ 50352

Item	Size	Color
PZ 50352-01	M	Black
PZ 50352-02	L	Black
PZ 50352-03	XL	Black



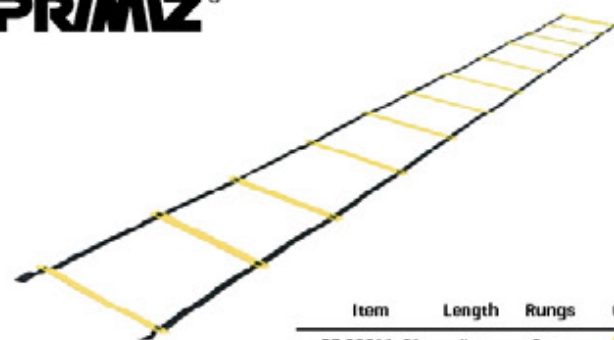
FITNESS GLOVE W/ WRIST WRAP

- Material: stretch microfibre, silica gel
- Size: M, L, XL

PZ 50351

Item	Size	Color
PZ 50351-01	M	Black
PZ 50351-02	L	Black
PZ 50351-03	XL	Black





Item	Length	Rungs	Color
PZ 60311-01	4m	8pcs	Yellow
PZ 60311-02	6m	12pcs	Yellow

NON-SLIP SPEED LADDER

- Material: TPE, nylon rope
- Size of individual ladder: 4x50cm
- Develop rapid, precise foot strikes and focus
- Ladder made of anti-slip TPE for safe purpose

PZ 60311



RESISTANCE TRAINER

- Material: latex, nylon, NBR
- Resistance: 65lb x 1pc
- Heavy duty waistband
- Increase speed, build up power and improve agility



HEX SPEED LADDER

- Material: PP
- Width: 55cm
- Could be combined to different shape
- Lightweight and easy to carry
- One set include 6 pcs

PZ 60310



PZ 60360



LATERAL ENDURANCE HURDLE

- Material: high quality PVC and EPE
- Size: 60x20x30cm

PZ 60317



ADJUSTABLE HURDLES

- Material: high quality engineering plastic
- 2 Levels height adjustable: 20cm and 30cm

PZ 60318



WOOD PUSH UP STAND

- Material: wood
- Size: 23x14x10cm (each)

PZ 60330



REACTION BALL

- Material: TPR
- Size: 6.5cm

PZ 60302

Item	Material	Size	Color
PZ 60302-01	TPR	6.5cm	Yellow
PZ 60302-02	TPR	6.5cm	Black



TIMMER

PZ 70320

Item	Digital	Size	Weight	Visidile range
PZ 70320-01	6	37.5x10x4cm	0.9kg	20m
PZ 70320-02	4	50x15.8x4cm	1.6kg	30m
PZ 70320-03	6	73x15.8x4cm	2.3kg	40m



QUICK CONE

- Material: PE
- Size: 18x18x7cm

PZ 60341



Item	Color
PZ 60340-01	Yellow
PZ 60340-02	Black

AGILITY FRISBEE

- Material: high quality PE
- Size: dia.27x3cm
- Light weight and portable

PZ 60340



AGILITY CONE

- Material: PE
- Size: 19x19x23cm

PZ 60342

HURDLE POLE

- Material: PE
- Size: dia.2.5x100cm

PZ 60343

RUBBER MAT TILES

PZ 70401

Material	Thickness	Size
Black rubber	20mm	50x50cm / 100x100cm
Black rubber	25mm	50x50cm / 100x100cm
Black rubber	30mm	50x50cm / 100x100cm
Black rubber	40mm	50x50cm / 100x100cm
15% EPDM + Black rubber base	20mm	50x50cm / 100x100cm
15% EPDM + Black rubber base	25mm	50x50cm / 100x100cm
15% EPDM + Black rubber base	30mm	50x50cm / 100x100cm
15% EPDM + Black rubber base	40mm	50x50cm / 100x100cm

RUBBER MAT TILES

PZ 70402

Material	Thickness	Size
Black rubber	20mm	50x50cm / 100x100cm
Black rubber	25mm	50x50cm / 100x100cm
Black rubber	30mm	50x50cm / 100x100cm
Black rubber	40mm	50x50cm / 100x100cm
15% EPDM + Black rubber base	20mm	50x50cm / 100x100cm
15% EPDM + Black rubber base	25mm	50x50cm / 100x100cm
15% EPDM + Black rubber base	30mm	50x50cm / 100x100cm
15% EPDM + Black rubber base	40mm	50x50cm / 100x100cm

RUBBER MAT TILES WITH RECYCLE COTTON BASE

PZ 70403

Material	Thickness	Size
Black rubber	20mm	50x50cm / 100x100cm
Black rubber	25mm	50x50cm / 100x100cm
Black rubber	30mm	50x50cm / 100x100cm
Black rubber	40mm	50x50cm / 100x100cm
15% EPDM + Black rubber base	20mm	50x50cm / 100x100cm
15% EPDM + Black rubber base	25mm	50x50cm / 100x100cm
15% EPDM + Black rubber base	30mm	50x50cm / 100x100cm
15% EPDM + Black rubber base	40mm	50x50cm / 100x100cm

RUBBER MAT ROLLS

- Material: 100% black rubber particles

PZ 70404

Material	Thickness	Door width
100% black rubber particles	6mm	1-1.25m
100% black rubber particles	8mm	1-1.25m
100% black rubber particles	10mm	1-1.25m
100% black rubber particles	12mm	1-1.25m
100% black rubber particles	15mm	1-1.25m

RUBBER MAT ROLLS

- Material: 10% EPDM + 85% SBR rubber

PZ 70405

Material	Thickness	Door width
10% EPDM + 85% SBR rubber	8mm	1-1.25m
10% EPDM + 85% SBR rubber	8mm	1-1.25m
10% EPDM + 85% SBR rubber	10mm	1-1.25m
10% EPDM + 85% SBR rubber	12mm	1-1.25m
10% EPDM + 85% SBR rubber	15mm	1-1.25m



63000 DENSITY TUFTED TURF

PZ 70410

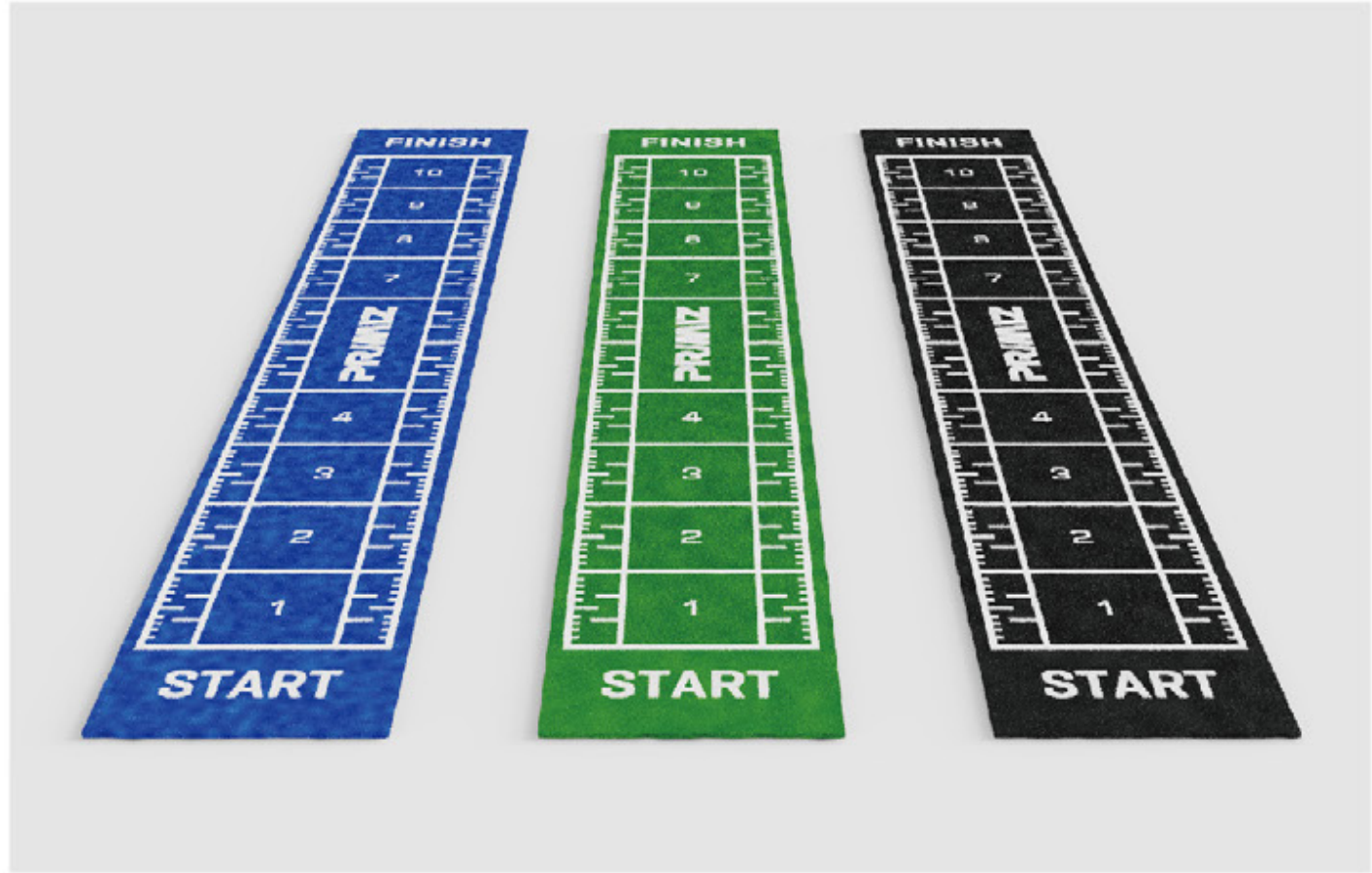


16800 DENSITY TURF

PZ 70411

Material	100% PP, UV resistant monofilament crimped fiber
Grass height	15mm
Gauge	3mm
Density	63000
Color	Single green
Drain hole	Dia. 4mm
Type	Sheet

Material	PP + PE, UV resistant monofilament crimped fiber
Grass height	25mm
Gauge	9mm
Density	16800
Color	Double green
Drain hole	Dia. 4mm
Type	Sheet



RUNWAY TURF MAT

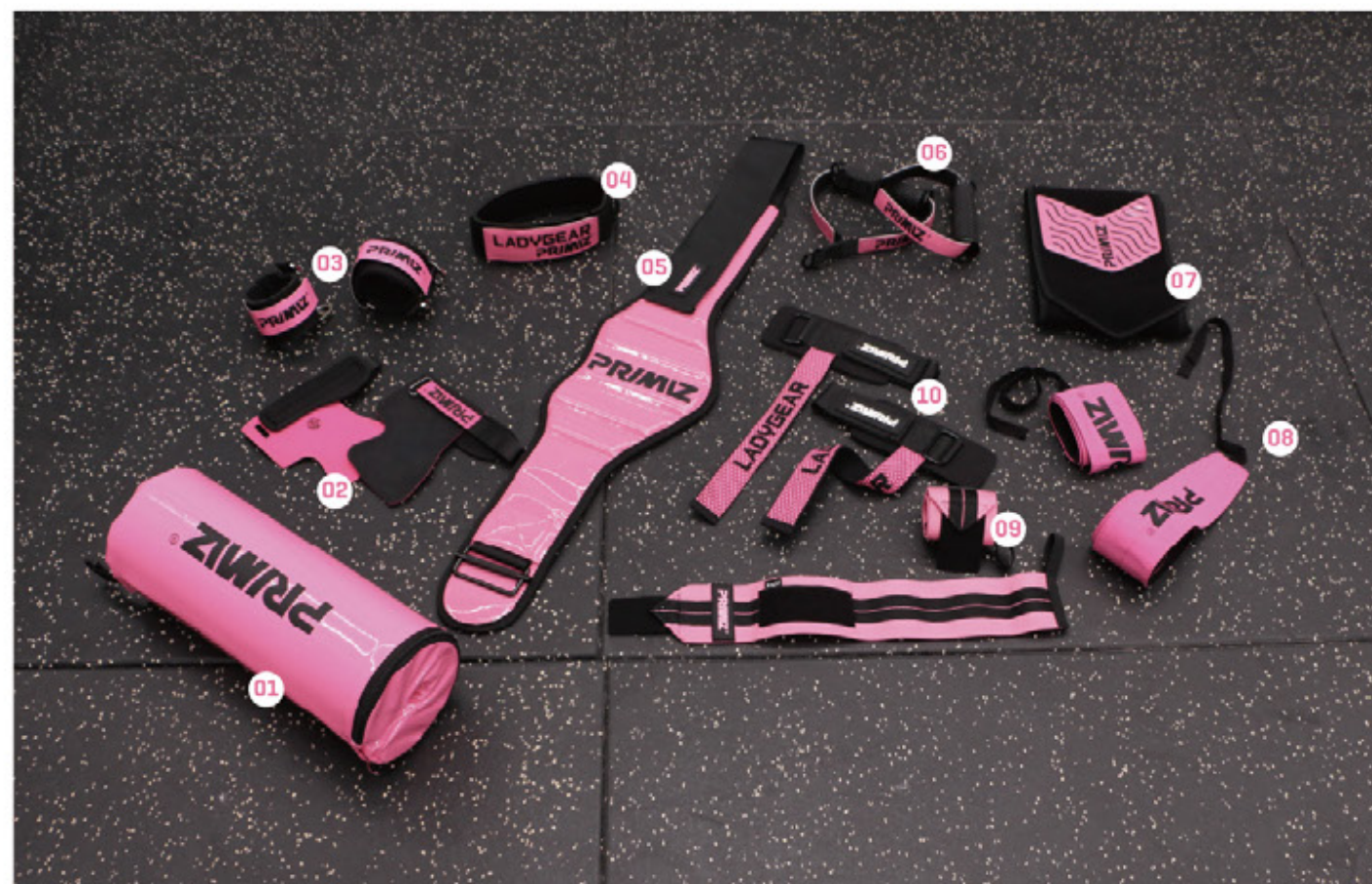
- Material: PE
- Size: 2x10m

PZ 70412

Item	Material	Size	Color
PZ 70412-01	PE	2x10m	Black
PZ 70412-02	PE	2x10m	Green
PZ 70412-03	PE	2x10m	Blue

A PACKAGE OF AMBITION

Pink Series



01 ITEM CODE PZ 50180
ITEM DESCRIPTION HIP THRUST PAD

03 ITEM CODE PZ 50182
ITEM DESCRIPTION ANKLE STRAP

05 ITEM CODE PZ 50184
ITEM DESCRIPTION WEIGHTLIFTING BELT

07 ITEM CODE PZ 50186
ITEM DESCRIPTION SWEAT WAIST TRIMMER

09 ITEM CODE PZ 50188
ITEM DESCRIPTION WRIST WRAPS

02 ITEM CODE PZ 50181
ITEM DESCRIPTION POWER GRASP ELITE

04 ITEM CODE PZ 50183
ITEM DESCRIPTION THIGH STRAP

06 ITEM CODE PZ 50185
ITEM DESCRIPTION MULTI-FUNCTIONAL HANDLE

08 ITEM CODE PZ 50187
ITEM DESCRIPTION WRIST WRAPS

10 ITEM CODE PZ 50189
ITEM DESCRIPTION WRIST WRAPS PRO



PZ 70202 SPORT BOTTLE

PZ 70203 SHAKING BOTTLE



PZ 70301 SPORTS T-SHIRT



PZ70330 SPORTS BAG

PERIPHERAL PRODUCTS

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MORE THAN PERFORMANCE